



PHANTOMS  
& MONSTERS  
RADIO  
presents



**HADLEY VLAHOS**  
HOSPICE RN &  
AFTERLIFE AUTHOR

*A Paranormal Life*  
with  
Bernadette McDaniel

**THURSDAY, JUNE 1ST - 8PM ET / 5PM PT**

1  
00:00:48,510 --> 00:00:44,810  
thank you

2  
00:01:19,070 --> 00:01:16,070  
[Music]

3  
00:01:24,670 --> 00:01:19,080  
foreign

4  
00:01:29,690 --> 00:01:27,410  
welcome to the show it's been a while I

5  
00:01:31,789 --> 00:01:29,700  
want to thank you all for joining me and

6  
00:01:34,910 --> 00:01:31,799  
I want to remind you to like share and

7  
00:01:38,749 --> 00:01:34,920  
subscribe and tonight we have Hadley

8  
00:01:41,450 --> 00:01:38,759  
Polaris returning and on June 13th her

9  
00:01:42,830 --> 00:01:41,460  
new book or her book will be out so we

10  
00:01:45,350 --> 00:01:42,840  
wanted to have her back so I'm just

11  
00:01:48,950 --> 00:01:45,360  
going to bring her in now

12  
00:01:51,950 --> 00:01:48,960  
okay Hadley Hi how are you good

13  
00:01:53,569 --> 00:01:51,960

good so I'm so happy you could come back

14

00:01:56,389 --> 00:01:53,579

because I was so excited for your book

15

00:01:59,030 --> 00:01:56,399

and I've had so many people asking about

16

00:02:01,670 --> 00:01:59,040

you like I was even stepped in the store

17

00:02:03,649 --> 00:02:01,680

after we had our first show and somebody

18

00:02:05,870 --> 00:02:03,659

who I didn't even know worked in hospice

19

00:02:08,570 --> 00:02:05,880

was like that little girl was telling

20

00:02:10,490 --> 00:02:08,580

the truth like I have seen it I'm just

21

00:02:12,770 --> 00:02:10,500

like staring at her thinking I never

22

00:02:14,210 --> 00:02:12,780

thought you would watch my show or or

23

00:02:16,070 --> 00:02:14,220

even believe in any of that and she's

24

00:02:18,589 --> 00:02:16,080

like no it's all true and then she's

25

00:02:20,570 --> 00:02:18,599

like we'll talk about it later and some

26

00:02:22,550 --> 00:02:20,580

of the stories she told me was just like

27

00:02:24,350 --> 00:02:22,560

oh my gosh but yeah I had to have this

28

00:02:25,850 --> 00:02:24,360

incredible everyone has their own

29

00:02:27,290 --> 00:02:25,860

stories like if you can talk to a

30

00:02:29,930 --> 00:02:27,300

hospice nurse and you're alive you

31

00:02:32,210 --> 00:02:29,940

should we all have them oh my gosh yeah

32

00:02:34,550 --> 00:02:32,220

I and I was like I was gonna have you

33

00:02:36,650 --> 00:02:34,560

back and she was very excited because

34

00:02:38,930 --> 00:02:36,660

like I said she had worked in hospice so

35

00:02:40,850 --> 00:02:38,940

she was excited to have you back all

36

00:02:43,550 --> 00:02:40,860

right so let's get into it your book

37

00:02:45,290 --> 00:02:43,560

will be out soon are you excited I'm so

38

00:02:47,150 --> 00:02:45,300

excited I really am I feel like we've

39

00:02:49,550 --> 00:02:47,160

been talking about it forever but it's

40

00:02:51,830 --> 00:02:49,560

finally here and you've been like

41

00:02:54,350 --> 00:02:51,840

teasing and giving excerpts on your Tick

42

00:02:56,750 --> 00:02:54,360

Took as well yeah do you want to like

43

00:02:57,949 --> 00:02:56,760

give us some teasers or some excerpts or

44

00:03:00,470 --> 00:02:57,959

whatever you want to do this was

45

00:03:02,030 --> 00:03:00,480

basically your show go ahead yeah

46

00:03:03,290 --> 00:03:02,040

absolutely said my book I brought it

47

00:03:07,190 --> 00:03:03,300

with me I was like in case I need to

48

00:03:09,890 --> 00:03:07,200

show the cover so it is 12 patients 12

49

00:03:13,270 --> 00:03:09,900

chapters 12 patients that basically made

50

00:03:16,250 --> 00:03:13,280

me believe in an afterlife and I went in

51  
00:03:18,530 --> 00:03:16,260  
extremely extremely skeptic of it

52  
00:03:20,210 --> 00:03:18,540  
because I had worked in the ER and I saw

53  
00:03:22,670 --> 00:03:20,220  
what I call like the dark underbelly of

54  
00:03:24,410 --> 00:03:22,680  
the world and all the ER nurses I work

55  
00:03:26,270 --> 00:03:24,420  
around were like you know what I don't

56  
00:03:28,610 --> 00:03:26,280  
want to spend eternity with anyone who

57  
00:03:30,470 --> 00:03:28,620  
allows this like it's horrible and I had

58  
00:03:33,770 --> 00:03:30,480  
gotten that mindset too so I went into

59  
00:03:35,330 --> 00:03:33,780  
hospice and these patients they changed

60  
00:03:37,190 --> 00:03:35,340  
my life and they definitely made me

61  
00:03:40,369 --> 00:03:37,200  
believe in an afterlife from what they

62  
00:03:42,830 --> 00:03:40,379  
saw and and you know there's so many of

63  
00:03:46,009 --> 00:03:42,840

them but just my very first chapter

64

00:03:48,410 --> 00:03:46,019

patient one is my very first patient

65

00:03:50,570 --> 00:03:48,420

death in hospice where she was seeing

66

00:03:52,809 --> 00:03:50,580

her deceased sister and talking to her

67

00:03:55,250 --> 00:03:52,819

and it's just it's crazy

68

00:03:57,890 --> 00:03:55,260

and what did you think when that was

69

00:03:59,690 --> 00:03:57,900

your first patient and she's like seeing

70

00:04:02,210 --> 00:03:59,700

this person who's not there did you kind

71

00:04:04,009 --> 00:04:02,220

of just humor her and think okay she's

72

00:04:06,830 --> 00:04:04,019

she's you know having a hallucination

73

00:04:08,869 --> 00:04:06,840

maybe it's some of the medication yeah

74

00:04:10,670 --> 00:04:08,879

that's exactly what I thought it was and

75

00:04:13,309 --> 00:04:10,680

you know I'm not I was not a stranger to

76

00:04:15,530 --> 00:04:13,319

hallucination so I was like okay this is

77

00:04:17,509 --> 00:04:15,540

a hallucination so I went to my manager

78

00:04:19,849 --> 00:04:17,519

and was like what do we do to treat this

79

00:04:21,830 --> 00:04:19,859

and she was like we don't she's she just

80

00:04:23,810 --> 00:04:21,840

needs to catch up with her sister and I

81

00:04:26,749 --> 00:04:23,820

was like okay you know they're all crazy

82

00:04:29,629 --> 00:04:26,759

yeah exactly like what are you on as

83

00:04:31,430 --> 00:04:29,639

well yeah so then I went to another

84

00:04:33,530 --> 00:04:31,440

co-worker who was like yeah this happens

85

00:04:35,689 --> 00:04:33,540

in hospice and like we did not learn

86

00:04:37,550 --> 00:04:35,699

this in nursing school

87

00:04:40,189 --> 00:04:37,560

like this is just something that's like

88

00:04:42,830 --> 00:04:40,199

very normal that happens with all of

89

00:04:45,230 --> 00:04:42,840

these people and so I was like okay this

90

00:04:46,550 --> 00:04:45,240

is super cool and I had seen it and then

91

00:04:48,290 --> 00:04:46,560

when I got on Tick Tock there's other

92

00:04:50,689 --> 00:04:48,300

hospice nurses too that talk about it

93

00:04:52,310 --> 00:04:50,699

I'm like this is the craziest thing yeah

94

00:04:54,650 --> 00:04:52,320

and is that do you think that something

95

00:04:56,749 --> 00:04:54,660

is like very hush-hashed in nursing

96

00:04:59,510 --> 00:04:56,759

school like any experiences that happen

97

00:05:02,450 --> 00:04:59,520

in hospitals or hospice or whatever

98

00:05:04,610 --> 00:05:02,460

field and there's decides to go into

99

00:05:06,650 --> 00:05:04,620

you know I think we don't learn enough

100

00:05:08,570 --> 00:05:06,660

about Hospice in nursing school we only

101  
00:05:10,969 --> 00:05:08,580  
had one day and it was either home

102  
00:05:12,590 --> 00:05:10,979  
health or hospice and we like don't even

103  
00:05:14,210 --> 00:05:12,600  
really like Lauren like we spent so much

104  
00:05:16,430 --> 00:05:14,220  
time on labor and delivery like the

105  
00:05:18,530 --> 00:05:16,440  
beginning of life but there's just not

106  
00:05:21,350 --> 00:05:18,540  
that much time spent on hospice in the

107  
00:05:23,270 --> 00:05:21,360  
end of life and I don't think my

108  
00:05:26,749 --> 00:05:23,280  
instructors honestly even knew that it's

109  
00:05:28,430 --> 00:05:26,759  
like really this whole new world but I

110  
00:05:29,870 --> 00:05:28,440  
am really pushing that we really need to

111  
00:05:31,490 --> 00:05:29,880  
teach people more about it so that

112  
00:05:34,550 --> 00:05:31,500  
people are more prepared

113  
00:05:36,650 --> 00:05:34,560

right no I agree I've taken a death and

114

00:05:38,570 --> 00:05:36,660

dying course and it was just basic

115

00:05:40,129 --> 00:05:38,580

textbook and anything outside the

116

00:05:42,770 --> 00:05:40,139

textbook the instructor didn't want to

117

00:05:45,110 --> 00:05:42,780

hear really it's kind of like yeah it

118

00:05:46,430 --> 00:05:45,120

was just kind of like okay anything I

119

00:05:48,830 --> 00:05:46,440

would bring up they were really just

120

00:05:50,810 --> 00:05:48,840

like no you stick to the textbook and

121

00:05:52,909 --> 00:05:50,820

even if it's in your assignment it's out

122

00:05:55,129 --> 00:05:52,919

of the textbook range you fail it and

123

00:05:57,110 --> 00:05:55,139

it's just like really okay so I don't

124

00:05:59,210 --> 00:05:57,120

ask any questions I just copy from the

125

00:06:01,730 --> 00:05:59,220

textbook yeah it was it was a few years

126

00:06:06,050 --> 00:06:01,740

ago it was very I failed the class

127

00:06:07,430 --> 00:06:06,060

because I I wanted so many questions and

128

00:06:10,550 --> 00:06:07,440

the teacher was just like no and I'm

129

00:06:14,810 --> 00:06:10,560

just like I I guess I fail I'm just you

130

00:06:17,029 --> 00:06:14,820

know yeah yeah exactly exactly that's I

131

00:06:20,090 --> 00:06:17,039

I agree yeah that's something that we

132

00:06:24,010 --> 00:06:20,100

need to learn more about and Marla Marla

133

00:06:28,730 --> 00:06:26,390

to do what you do

134

00:06:31,070 --> 00:06:28,740

thank you and yeah I hear that all the

135

00:06:33,590 --> 00:06:31,080

time I don't really consider it that way

136

00:06:35,570 --> 00:06:33,600

but I I really appreciate you when

137

00:06:36,790 --> 00:06:35,580

people say that but I really do enjoy my

138

00:06:39,469 --> 00:06:36,800

job

139

00:06:41,450 --> 00:06:39,479

I you know I get I love going to

140

00:06:45,050 --> 00:06:41,460

people's homes and like getting to know

141

00:06:46,430 --> 00:06:45,060

them on like a very different level and

142

00:06:48,830 --> 00:06:46,440

you know so many people say it's like

143

00:06:51,409 --> 00:06:48,840

sad or depressing but I think that you

144

00:06:53,930 --> 00:06:51,419

really can't avoid death in health care

145

00:06:58,129 --> 00:06:53,940

I mean maybe Specialties but most you

146

00:06:59,510 --> 00:06:58,139

cannot and on a patient's own terms and

147

00:07:02,090 --> 00:06:59,520

I actually think there's something very

148

00:07:03,770 --> 00:07:02,100

beautiful about that yeah I don't think

149

00:07:05,870 --> 00:07:03,780

in any specialty in nursing you can

150

00:07:08,570 --> 00:07:05,880

avoid death I mean you you have to

151  
00:07:10,550 --> 00:07:08,580  
encounter it somewhere along the lines

152  
00:07:11,510 --> 00:07:10,560  
so but you encounter it more than the

153  
00:07:13,790 --> 00:07:11,520  
average

154  
00:07:16,730 --> 00:07:13,800  
say nurse you know

155  
00:07:20,510 --> 00:07:16,740  
so what patient has changed your life

156  
00:07:22,490 --> 00:07:20,520  
oh so many of them have and so really so

157  
00:07:25,010 --> 00:07:22,500  
many of them have

158  
00:07:27,469 --> 00:07:25,020  
um you have to pick one if I had to pick

159  
00:07:29,390 --> 00:07:27,479  
yeah one

160  
00:07:33,050 --> 00:07:29,400  
um it's actually a very roundabout way

161  
00:07:36,589 --> 00:07:33,060  
is how they changed my life so they are

162  
00:07:39,770 --> 00:07:36,599  
in my book but basically this patient

163  
00:07:43,070 --> 00:07:39,780

was an atheist and he was dying of liver

164

00:07:45,950 --> 00:07:43,080

cancer from drinking and he did see his

165

00:07:48,770 --> 00:07:45,960

deceased grandmother but his wife also

166

00:07:50,990 --> 00:07:48,780

an atheist did not believe in any of

167

00:07:52,550 --> 00:07:51,000

that and

168

00:07:54,589 --> 00:07:52,560

um they had been together since they

169

00:07:57,409 --> 00:07:54,599

were 18 and she had a really really

170

00:08:00,350 --> 00:07:57,419

really difficult time when he died and

171

00:08:03,890 --> 00:08:00,360

when he was dying and

172

00:08:07,370 --> 00:08:03,900

um after he died she actually committed

173

00:08:12,710 --> 00:08:07,380

suicide and I was the last person to see

174

00:08:16,370 --> 00:08:12,720

her and I had such an extreme amount of

175

00:08:19,010 --> 00:08:16,380

guilt about that and our chaplain that

176

00:08:21,469 --> 00:08:19,020

worked for said Hadley you you need to

177

00:08:23,510 --> 00:08:21,479

go to therapy like you you're you're

178

00:08:24,710 --> 00:08:23,520

gonna burn out you can't you know you

179

00:08:26,570 --> 00:08:24,720

can't blame yourself for this kind of

180

00:08:27,469 --> 00:08:26,580

stuff you need to go to therapy and I

181

00:08:28,550 --> 00:08:27,479

really thought I was going to go to

182

00:08:30,290 --> 00:08:28,560

therapy and she was gonna be like okay

183

00:08:33,649 --> 00:08:30,300

let's deal with this issue and you're

184

00:08:35,389 --> 00:08:33,659

gone but she helped me solve so many

185

00:08:37,449 --> 00:08:35,399

things that I just didn't even know were

186

00:08:40,010 --> 00:08:37,459

even issues in my life

187

00:08:42,469 --> 00:08:40,020

and you know of course I wish it didn't

188

00:08:43,670 --> 00:08:42,479

take that to get into therapy but it has

189

00:08:47,090 --> 00:08:43,680

changed my life

190

00:08:49,310 --> 00:08:47,100

no and and that for therapy wise like

191

00:08:50,990 --> 00:08:49,320

I'm a big component of that like it's

192

00:08:52,670 --> 00:08:51,000

it's the little things that will get you

193

00:08:55,730 --> 00:08:52,680

in the therapy that you don't even think

194

00:08:58,009 --> 00:08:55,740

about so yeah yeah so I totally agree

195

00:09:01,190 --> 00:08:58,019

but and and what is the one that's

196

00:09:03,590 --> 00:09:01,200

really touched you as well like you know

197

00:09:06,590 --> 00:09:03,600

not this something like this what's

198

00:09:09,350 --> 00:09:06,600

really stuck out to you besides this one

199

00:09:11,870 --> 00:09:09,360

the so the one I just did my most recent

200

00:09:13,310 --> 00:09:11,880

tick tock on and he is also in my book

201  
00:09:15,290 --> 00:09:13,320  
but

202  
00:09:17,389 --> 00:09:15,300  
um basically I had found a small way to

203  
00:09:20,389 --> 00:09:17,399  
connect with him through Sports and just

204  
00:09:22,850 --> 00:09:20,399  
having him teach me about sports and I

205  
00:09:24,769 --> 00:09:22,860  
saw that one my husband now has an

206  
00:09:26,570 --> 00:09:24,779  
a-time boyfriend loves sports so tell me

207  
00:09:28,070 --> 00:09:26,580  
about it and you know you're always

208  
00:09:29,449 --> 00:09:28,080  
looking for little ways to connect with

209  
00:09:34,730 --> 00:09:29,459  
people especially when they're very

210  
00:09:36,350 --> 00:09:34,740  
hesitant to you being there and so he

211  
00:09:38,990 --> 00:09:36,360  
was teaching me and I was very receptive

212  
00:09:40,310 --> 00:09:39,000  
to it he started teaching me all the

213  
00:09:42,050 --> 00:09:40,320

things that he could and he would have

214

00:09:46,190 --> 00:09:42,060

these little notes for me when I showed

215

00:09:48,050 --> 00:09:46,200

up and we got very very very close and I

216

00:09:50,329 --> 00:09:48,060

didn't even honestly realize what I was

217

00:09:53,870 --> 00:09:50,339

doing I just knew that we were talking

218

00:09:56,030 --> 00:09:53,880

yeah and before he died he said you know

219

00:09:57,790 --> 00:09:56,040

thank you for giving me something to

220

00:10:01,430 --> 00:09:57,800

look forward to instead of death

221

00:10:02,930 --> 00:10:01,440

and that moment for me was like first of

222

00:10:05,690 --> 00:10:02,940

all I'm doing what I'm supposed to be

223

00:10:08,329 --> 00:10:05,700

doing where I'm supposed to be but also

224

00:10:10,610 --> 00:10:08,339

it really inspired me to not just do the

225

00:10:12,889 --> 00:10:10,620

bare minimum and every single morning

226

00:10:14,389 --> 00:10:12,899

before I go to work I think of him and

227

00:10:18,170 --> 00:10:14,399

I'm like I need to show up it's that

228

00:10:19,850 --> 00:10:18,180

young eager nurse so ready to make

229

00:10:21,889 --> 00:10:19,860

connections with my patients in any way

230

00:10:24,290 --> 00:10:21,899

I can

231

00:10:27,350 --> 00:10:24,300

no and that's that's wonderful that

232

00:10:29,210 --> 00:10:27,360

really is and do if I'm wrong because I

233

00:10:31,430 --> 00:10:29,220

I've seen most of your tick tocks and

234

00:10:33,550 --> 00:10:31,440

everything weren't you kind of set up

235

00:10:36,290 --> 00:10:33,560

with your husband by a hospice patient

236

00:10:37,970 --> 00:10:36,300

yeah they were nursing homepages they

237

00:10:40,190 --> 00:10:37,980

have that now they weren't on hospice at

238

00:10:43,250 --> 00:10:40,200

the time okay

239

00:10:45,769 --> 00:10:43,260

um yes they're super weird so anyone who

240

00:10:47,810 --> 00:10:45,779

has not heard the weird story

241

00:10:49,550 --> 00:10:47,820

um said I vaguely remember because I

242

00:10:52,490 --> 00:10:49,560

caught it yeah yeah

243

00:10:54,470 --> 00:10:52,500

is the weirdest story so I started

244

00:10:56,410 --> 00:10:54,480

working at a nursing home that he was a

245

00:10:59,150 --> 00:10:56,420

physical therapist staff for many years

246

00:11:01,009 --> 00:10:59,160

and the way the nursing home was set up

247

00:11:02,690 --> 00:11:01,019

it's like the nursing home side and the

248

00:11:04,970 --> 00:11:02,700

therapist's therapy side and then

249

00:11:06,889 --> 00:11:04,980

there's a cafeteria in the middle but

250

00:11:09,530 --> 00:11:06,899

they're like not really connected other

251  
00:11:11,030 --> 00:11:09,540  
than by that cafeteria so he would

252  
00:11:13,130 --> 00:11:11,040  
occasionally like come over the nursing

253  
00:11:15,170 --> 00:11:13,140  
home side get a patient go back to his

254  
00:11:17,690 --> 00:11:15,180  
side so I'd see him and I thought he was

255  
00:11:21,230 --> 00:11:17,700  
cute but like I didn't have a reason to

256  
00:11:23,810 --> 00:11:21,240  
really talk to him so one of the nursing

257  
00:11:25,730 --> 00:11:23,820  
home patients was like you should talk

258  
00:11:28,670 --> 00:11:25,740  
to Chris it's my husband and I was like

259  
00:11:31,310 --> 00:11:28,680  
I like him but I don't how am I supposed

260  
00:11:33,769 --> 00:11:31,320  
to get over there you know I don't have

261  
00:11:37,130 --> 00:11:33,779  
a reason to be over there and she would

262  
00:11:38,509 --> 00:11:37,140  
literally pretend to fall so that I

263  
00:11:40,250 --> 00:11:38,519

would have to and then she'd come to me

264

00:11:41,810 --> 00:11:40,260

and be like you need to take me to get

265

00:11:43,970 --> 00:11:41,820

checked out by the physical therapist

266

00:11:46,310 --> 00:11:43,980

and then her friends would start doing

267

00:11:49,550 --> 00:11:46,320

it too like they'd all sit at lunch and

268

00:11:52,090 --> 00:11:49,560

like Giggle and look at us yes

269

00:11:53,990 --> 00:11:52,100

I mean we're married we have two kids

270

00:11:56,509 --> 00:11:54,000

they knew what they were doing

271

00:11:59,269 --> 00:11:56,519

apparently and I know that that was just

272

00:12:00,949 --> 00:11:59,279

that was so entertaining for them and

273

00:12:02,389 --> 00:12:00,959

that's sweet that really is but they've

274

00:12:04,550 --> 00:12:02,399

probably knew something you two didn't

275

00:12:07,030 --> 00:12:04,560

and that's wonderful that you know they

276

00:12:10,069 --> 00:12:07,040

probably did yeah

277

00:12:12,290 --> 00:12:10,079

so and then writing this book we have a

278

00:12:14,810 --> 00:12:12,300

question from Marla let me put that up

279

00:12:19,069 --> 00:12:17,509

let's see there you go uh was it

280

00:12:21,410 --> 00:12:19,079

difficult to recall your experiences

281

00:12:25,069 --> 00:12:21,420

while writing your book

282

00:12:27,170 --> 00:12:25,079

it was very difficult emotionally I I

283

00:12:29,710 --> 00:12:27,180

grieved these patients again I would

284

00:12:32,930 --> 00:12:29,720

have to really take hours of

285

00:12:35,090 --> 00:12:32,940

uninterrupted time and put myself back

286

00:12:37,069 --> 00:12:35,100

in those homes and back in those moments

287

00:12:39,710 --> 00:12:37,079

so that I could really write down like

288

00:12:41,930 --> 00:12:39,720

every single emotion and thought and

289

00:12:44,090 --> 00:12:41,940

feeling I had and my husband will come

290

00:12:45,829 --> 00:12:44,100

up and I would just be like a mess it

291

00:12:47,509 --> 00:12:45,839

was like it happened for the first time

292

00:12:49,310 --> 00:12:47,519

again

293

00:12:51,170 --> 00:12:49,320

mm-hmm

294

00:12:53,030 --> 00:12:51,180

and that's that's always hard because

295

00:12:54,590 --> 00:12:53,040

when you get attached to a patient they

296

00:12:56,750 --> 00:12:54,600

always tell you you're not supposed to I

297

00:12:58,190 --> 00:12:56,760

remember because my mom was a nurse she

298

00:13:00,050 --> 00:12:58,200

would she would say that she was like

299

00:13:02,269 --> 00:13:00,060

that was the first thing they told us

300

00:13:04,009 --> 00:13:02,279

not to get attached to a patient and

301  
00:13:06,710 --> 00:13:04,019  
then she'd like launch into her stories

302  
00:13:08,690 --> 00:13:06,720  
where she would obviously tell like be

303  
00:13:10,790 --> 00:13:08,700  
saying I got attached to my patient and

304  
00:13:13,970 --> 00:13:10,800  
then she'd start crying and this was

305  
00:13:16,310 --> 00:13:13,980  
like 30 40 some years later I mean just

306  
00:13:19,550 --> 00:13:16,320  
like the person that died yesterday I

307  
00:13:22,069 --> 00:13:19,560  
mean it's hard it really is it really is

308  
00:13:24,410 --> 00:13:22,079  
and you know people they do teach us at

309  
00:13:26,629 --> 00:13:24,420  
nursing school and it's hard I think

310  
00:13:29,449 --> 00:13:26,639  
that it you know we really need to learn

311  
00:13:32,509 --> 00:13:29,459  
like empathy versus sympathy and

312  
00:13:35,090 --> 00:13:32,519  
definitely been working at that over the

313  
00:13:37,190 --> 00:13:35,100

years but I mean there's always going to

314

00:13:39,470 --> 00:13:37,200

be those people that you just get so

315

00:13:42,769 --> 00:13:39,480

close to you can't help it right yeah

316

00:13:44,930 --> 00:13:42,779

exactly no I agree so and then you had

317

00:13:47,810 --> 00:13:44,940

you did the audiobook for this as well

318

00:13:51,710 --> 00:13:47,820

yes it's that hard to do

319

00:13:54,710 --> 00:13:51,720

yes the poor producers so my publisher

320

00:13:56,389 --> 00:13:54,720

had a producer and she would you know

321

00:13:58,069 --> 00:13:56,399

especially when I like said words wrong

322

00:14:00,050 --> 00:13:58,079

she would like do it but she's like

323

00:14:02,449 --> 00:14:00,060

listening to me and like basically

324

00:14:03,949 --> 00:14:02,459

coaching me like Slow Down Speed Up you

325

00:14:06,889 --> 00:14:03,959

sound disconnected you know things like

326

00:14:09,230 --> 00:14:06,899

that and I would have to stop so many

327

00:14:11,150 --> 00:14:09,240

times because I'd just be crying but she

328

00:14:13,910 --> 00:14:11,160

was so wonderful she would cry with me

329

00:14:15,590 --> 00:14:13,920

she's like it's okay like but I it was

330

00:14:17,210 --> 00:14:15,600

it was like I was doing again I would

331

00:14:18,889 --> 00:14:17,220

tell her I was like I did not think I

332

00:14:20,930 --> 00:14:18,899

was gonna cry I mean I've done this

333

00:14:24,110 --> 00:14:20,940

already I wrote this book I've edited it

334

00:14:26,150 --> 00:14:24,120

like but still it's the emotion

335

00:14:27,949 --> 00:14:26,160

no and we haven't gotten this question

336

00:14:31,129 --> 00:14:27,959

yet but we're probably going to get it

337

00:14:33,110 --> 00:14:31,139

has anyone ever followed you home after

338

00:14:34,910 --> 00:14:33,120

they have passed or have you had any

339

00:14:38,269 --> 00:14:34,920

paranormal experiences

340

00:14:40,009 --> 00:14:38,279

yeah so actually another one in my book

341

00:14:42,290 --> 00:14:40,019

but this will be my only one that I'll

342

00:14:45,889 --> 00:14:42,300

give a spoiler for because it is you

343

00:14:48,650 --> 00:14:45,899

know about following home so he was a

344

00:14:52,129 --> 00:14:48,660

patient that I grew very close to I went

345

00:14:54,769 --> 00:14:52,139

to his home well um he was homeless

346

00:14:56,689 --> 00:14:54,779

um his place uh in the middle of the

347

00:14:59,269 --> 00:14:56,699

night because he was seeing his deceased

348

00:15:00,590 --> 00:14:59,279

mother and

349

00:15:02,329 --> 00:15:00,600

um you know I told him I think you

350

00:15:06,350 --> 00:15:02,339

really are a senior mom and it's okay

351  
00:15:08,449 --> 00:15:06,360  
got him comfortable and as I was leaving

352  
00:15:09,769 --> 00:15:08,459  
felt like someone was walking with me if

353  
00:15:10,970 --> 00:15:09,779  
you can like imagine that feeling like

354  
00:15:12,769 --> 00:15:10,980  
whenever you feel like someone's walking

355  
00:15:14,569 --> 00:15:12,779  
with you but you're not and I was like

356  
00:15:17,350 --> 00:15:14,579  
that is so strange like I feel like

357  
00:15:20,810 --> 00:15:17,360  
someone's next to me and but I was alone

358  
00:15:22,569 --> 00:15:20,820  
went home went back to sleep still felt

359  
00:15:25,430 --> 00:15:22,579  
like someone was with me the entire time

360  
00:15:28,310 --> 00:15:25,440  
got back up the next morning

361  
00:15:29,269 --> 00:15:28,320  
and um I'm getting ready and I don't

362  
00:15:30,769 --> 00:15:29,279  
know have you ever had that feeling

363  
00:15:33,290 --> 00:15:30,779

where you feel like someone's

364

00:15:35,569 --> 00:15:33,300

with you yeah but you're alone and

365

00:15:37,189 --> 00:15:35,579

you're like and it's only happened to me

366

00:15:39,230 --> 00:15:37,199

a couple times but this one was very

367

00:15:41,329 --> 00:15:39,240

profound and it was comfortable one too

368

00:15:43,370 --> 00:15:41,339

many times so I know have you okay so

369

00:15:44,930 --> 00:15:43,380

you know what I'm talking about yeah and

370

00:15:47,569 --> 00:15:44,940

I'm getting ready I'm like this is so

371

00:15:50,810 --> 00:15:47,579

strange but I'm just keep going and then

372

00:15:52,430 --> 00:15:50,820

I am getting ready to put on my scrubs

373

00:15:54,230 --> 00:15:52,440

and I realized my name tag from the

374

00:15:56,629 --> 00:15:54,240

night before was in the laundry basket

375

00:15:59,629 --> 00:15:56,639

on the scrubs so I go to get it off it

376

00:16:02,389 --> 00:15:59,639

and I feel this huge gush of wind behind

377

00:16:05,389 --> 00:16:02,399

me and I was like oh my gosh like stop

378

00:16:07,069 --> 00:16:05,399

so I go out to my husband I'm like hey I

379

00:16:08,930 --> 00:16:07,079

just felt discussion when he was like

380

00:16:11,509 --> 00:16:08,940

that happens whenever the AC kicks on I

381

00:16:13,850 --> 00:16:11,519

was like oh I'm being silly you know

382

00:16:15,230 --> 00:16:13,860

yeah I'm thinking of my patient just

383

00:16:18,230 --> 00:16:15,240

seeing his deceased loved one like I'm

384

00:16:19,790 --> 00:16:18,240

just you know being weird right so I go

385

00:16:22,730 --> 00:16:19,800

back get ready

386

00:16:25,370 --> 00:16:22,740

take my son to school and I'm driving to

387

00:16:27,889 --> 00:16:25,380

work and I'm like I never put my name

388

00:16:29,629 --> 00:16:27,899

tag on my scrubs because of that wind

389

00:16:31,250 --> 00:16:29,639

and I'm like oh my gosh I'm gonna be

390

00:16:33,050 --> 00:16:31,260

late but my manager's gonna make me turn

391

00:16:34,790 --> 00:16:33,060

around anyway so turn around really

392

00:16:37,189 --> 00:16:34,800

quickly and I'm like I'm not running

393

00:16:40,850 --> 00:16:37,199

that late I'm keep going and we come to

394

00:16:42,710 --> 00:16:40,860

a stop and I realize that like half a

395

00:16:44,509 --> 00:16:42,720

mile mile ahead of me there was a car

396

00:16:46,430 --> 00:16:44,519

accident and everyone was okay

397

00:16:48,410 --> 00:16:46,440

thankfully

398

00:16:49,730 --> 00:16:48,420

um but it was because it was two trucks

399

00:16:52,490 --> 00:16:49,740

in my opinion that they were like okay

400

00:16:53,930 --> 00:16:52,500

so I was like oh wow that's crazy you

401  
00:16:56,629 --> 00:16:53,940  
know could have been me and how we all

402  
00:16:57,710 --> 00:16:56,639  
always do when we go past car accidents

403  
00:16:59,329 --> 00:16:57,720  
right

404  
00:17:01,189 --> 00:16:59,339  
um trying to look and trying to knows

405  
00:17:04,429 --> 00:17:01,199  
yeah yeah I've done that a lot so it's

406  
00:17:05,990 --> 00:17:04,439  
okay to say it yeah and so I was like oh

407  
00:17:08,030 --> 00:17:06,000  
gosh I'm kind of glad that I was a

408  
00:17:11,150 --> 00:17:08,040  
little bit behind you know I'm glad it

409  
00:17:13,669 --> 00:17:11,160  
wasn't me go to morning meeting at work

410  
00:17:18,049 --> 00:17:13,679  
and get a call that that patient has

411  
00:17:22,370 --> 00:17:18,059  
died so I go to take care of him and as

412  
00:17:25,250 --> 00:17:22,380  
I'm leaving his caregiver says oh please

413  
00:17:26,689 --> 00:17:25,260

be careful the patient was saying the

414

00:17:27,770 --> 00:17:26,699

other day that he had a bad feeling that

415

00:17:29,090 --> 00:17:27,780

you were going to get into a car

416

00:17:32,570 --> 00:17:29,100

accident

417

00:17:34,250 --> 00:17:32,580

and I was like oh my gosh that is crazy

418

00:17:38,770 --> 00:17:34,260

yeah

419

00:17:40,789 --> 00:17:38,780

wow so he basically saved you

420

00:17:41,870 --> 00:17:40,799

yeah you know I've always said I don't

421

00:17:43,730 --> 00:17:41,880

know if it was because he was still

422

00:17:47,150 --> 00:17:43,740

alive when I left so I don't really know

423

00:17:52,370 --> 00:17:47,160

if it was him or someone around him kind

424

00:17:57,110 --> 00:17:55,010

hang on oops

425

00:17:58,130 --> 00:17:57,120

let me just get this question up from

426  
00:17:59,930 --> 00:17:58,140  
Thomas

427  
00:18:02,630 --> 00:17:59,940  
do you do anything to protect yourself

428  
00:18:04,070 --> 00:18:02,640  
from the entities or attachments or

429  
00:18:06,230 --> 00:18:04,080  
spirits

430  
00:18:08,390 --> 00:18:06,240  
you know I don't

431  
00:18:10,850 --> 00:18:08,400  
um my friend Lexi is like very into that

432  
00:18:12,730 --> 00:18:10,860  
and she's like I'm concerned you need to

433  
00:18:15,370 --> 00:18:12,740  
do stuff like that

434  
00:18:19,549 --> 00:18:15,380  
but you know I've never felt like

435  
00:18:21,710 --> 00:18:19,559  
anybody is not good that's with me and

436  
00:18:25,549 --> 00:18:21,720  
you know all of my patients are so

437  
00:18:28,430 --> 00:18:25,559  
incredibly nice and caring so I've

438  
00:18:31,789 --> 00:18:28,440

always felt like I'm okay but you know

439

00:18:33,950 --> 00:18:31,799

there's there's that concern yeah no I I

440

00:18:36,289 --> 00:18:33,960

think with anyone or anything like that

441

00:18:38,330 --> 00:18:36,299

you deal with in this field that there's

442

00:18:40,730 --> 00:18:38,340

always that little bit of concern

443

00:18:41,870 --> 00:18:40,740

you've also from what I've seen on your

444

00:18:43,730 --> 00:18:41,880

tick tocks

445

00:18:45,230 --> 00:18:43,740

um which I suggest everyone go and

446

00:18:46,370 --> 00:18:45,240

subscribe to your tick tocks and watch

447

00:18:49,070 --> 00:18:46,380

them

448

00:18:51,110 --> 00:18:49,080

um you had an encounter where I believe

449

00:18:54,190 --> 00:18:51,120

when your patients had followed you but

450

00:18:57,230 --> 00:18:54,200

it had to do with an oven yeah

451  
00:18:59,029 --> 00:18:57,240  
yeah that one was more recent and I

452  
00:19:02,810 --> 00:18:59,039  
never really put together the pieces

453  
00:19:04,250 --> 00:19:02,820  
into like way later you know when I was

454  
00:19:08,049 --> 00:19:04,260  
thinking back and I was like wait that

455  
00:19:11,210 --> 00:19:08,059  
was weird so we had gone out of town for

456  
00:19:13,130 --> 00:19:11,220  
the weekend come back home on a Sunday

457  
00:19:14,750 --> 00:19:13,140  
night and the house smells absolutely

458  
00:19:16,909 --> 00:19:14,760  
terrible we're like oh my gosh we forgot

459  
00:19:18,350 --> 00:19:16,919  
to take out the trash took it out went

460  
00:19:20,990 --> 00:19:18,360  
and ran to the grocery store for like

461  
00:19:23,930 --> 00:19:21,000  
the essentials and I am going past the

462  
00:19:26,090 --> 00:19:23,940  
frozen section and this pizza catches my

463  
00:19:27,590 --> 00:19:26,100

eye that my patient used to always eat

464

00:19:29,690 --> 00:19:27,600

and I knew it well because I used to

465

00:19:32,990 --> 00:19:29,700

always have to make it for her she'd

466

00:19:35,390 --> 00:19:33,000

always make me make it for her and so I

467

00:19:39,470 --> 00:19:35,400

was like oh like remembered her and kept

468

00:19:41,090 --> 00:19:39,480

going and I'm shopping and I cannot get

469

00:19:42,590 --> 00:19:41,100

this pizza out of my head I feel like

470

00:19:45,710 --> 00:19:42,600

someone is screaming at me in my head to

471

00:19:48,110 --> 00:19:45,720

go get this pizza and I'm like okay so I

472

00:19:49,430 --> 00:19:48,120

go get the pizza and you know I think

473

00:19:51,409 --> 00:19:49,440

some people would be like oh well you

474

00:19:53,510 --> 00:19:51,419

just had a frozen pizza we don't buy

475

00:19:55,130 --> 00:19:53,520

frozen pizza like ever but I was just

476

00:19:57,110 --> 00:19:55,140

like for some reason I need to get this

477

00:19:58,669 --> 00:19:57,120

pizza and the reason we don't is because

478

00:20:00,890 --> 00:19:58,679

we have a local place down the road

479

00:20:02,210 --> 00:20:00,900

that's so cheap and it's better than

480

00:20:04,130 --> 00:20:02,220

frozen pizza it's like the same price

481

00:20:07,669 --> 00:20:04,140

but I'm like okay I'll buy the frozen

482

00:20:10,730 --> 00:20:07,679

pizza whatever yeah

483

00:20:11,810 --> 00:20:10,740

exactly so I get the frozen pizza I'm

484

00:20:14,630 --> 00:20:11,820

like I don't even know what I'm gonna do

485

00:20:17,390 --> 00:20:14,640

with this but whatever so I get it and

486

00:20:19,130 --> 00:20:17,400

we go home and we try to call the local

487

00:20:21,110 --> 00:20:19,140

pizza place that we always order from

488

00:20:23,029 --> 00:20:21,120

and they won't answer the phone it's

489

00:20:24,470 --> 00:20:23,039

like not even that late I tried to call

490

00:20:26,750 --> 00:20:24,480

my husband tried to call they just will

491

00:20:28,810 --> 00:20:26,760

not answer the phone so I was like oh

492

00:20:33,169 --> 00:20:28,820

you know I hit I got a frozen pizza

493

00:20:36,350 --> 00:20:33,179

that's why he's like okay go for it so I

494

00:20:37,669 --> 00:20:36,360

go to preheat the oven and it beeps to

495

00:20:40,130 --> 00:20:37,679

say that it's preheated go back in the

496

00:20:42,350 --> 00:20:40,140

kitchen and the entire oven is on fire

497

00:20:44,029 --> 00:20:42,360

like the entire oven is on fire and I

498

00:20:46,250 --> 00:20:44,039

was like oh my gosh of course my husband

499

00:20:48,830 --> 00:20:46,260

is puts it out I get the kids out of the

500

00:20:50,570 --> 00:20:48,840

house all of that and it ruined like

501  
00:20:53,330 --> 00:20:50,580  
half of our kitchen so there was a fire

502  
00:20:55,909 --> 00:20:53,340  
investigation that was done for

503  
00:20:59,270 --> 00:20:55,919  
insurance and they determined that we

504  
00:21:01,070 --> 00:20:59,280  
had a gas leak which is what we thought

505  
00:21:05,350 --> 00:21:01,080  
was the trash smelling bad was actually

506  
00:21:08,270 --> 00:21:05,360  
the gas and the fire investigator said

507  
00:21:11,270 --> 00:21:08,280  
uh if you would not have turned on that

508  
00:21:13,250 --> 00:21:11,280  
oven which caused the fire and gone to

509  
00:21:14,870 --> 00:21:13,260  
sleep that night none of y'all would

510  
00:21:18,230 --> 00:21:14,880  
have woken up alive

511  
00:21:20,870 --> 00:21:18,240  
wow and I was like oh my goodness yeah

512  
00:21:22,909 --> 00:21:20,880  
so again you were basically saved which

513  
00:21:25,070 --> 00:21:22,919

is that that was an incredible story I

514

00:21:28,370 --> 00:21:25,080

thought yeah yeah and then it wasn't

515

00:21:30,590 --> 00:21:28,380

until months later that I was like wait

516

00:21:32,930 --> 00:21:30,600

I forgot why I even turned on that oven

517

00:21:36,230 --> 00:21:32,940

like I was not supposed to turn on that

518

00:21:38,149 --> 00:21:36,240

oven yeah and it's weird how things like

519

00:21:39,470 --> 00:21:38,159

that happen and you don't like you said

520

00:21:41,270 --> 00:21:39,480

you didn't think about it until months

521

00:21:42,590 --> 00:21:41,280

later and it's just something that

522

00:21:43,909 --> 00:21:42,600

you're watching even walking through

523

00:21:46,909 --> 00:21:43,919

your house and you just stop and you're

524

00:21:49,310 --> 00:21:46,919

like oh crap that's why or that's why I

525

00:21:50,330 --> 00:21:49,320

picked this up because you know it's

526

00:21:52,310 --> 00:21:50,340

kind of yeah

527

00:21:55,250 --> 00:21:52,320

in the way predestined or someone's

528

00:21:57,950 --> 00:21:55,260

watching over you yeah absolutely

529

00:22:01,549 --> 00:21:57,960

I totally agree so what would you say

530

00:22:04,010 --> 00:22:01,559

would have been the the hardest person

531

00:22:07,070 --> 00:22:04,020

that you've come in contact with

532

00:22:09,289 --> 00:22:07,080

like and we'll deal with yeah to deal

533

00:22:11,149 --> 00:22:09,299

with or to watch pass away

534

00:22:12,830 --> 00:22:11,159

hmm

535

00:22:16,149 --> 00:22:12,840

you know I've had quite a few patients

536

00:22:20,270 --> 00:22:16,159

that are very resistant to hospice care

537

00:22:23,930 --> 00:22:20,280

and that can be very you know difficult

538

00:22:28,669 --> 00:22:23,940

whenever you're trying to convince them

539

00:22:31,909 --> 00:22:28,679

to to come onto hospice but the hardest

540

00:22:34,070 --> 00:22:31,919

death for me was the one that said that

541

00:22:36,710 --> 00:22:34,080

he was going to miss me and all the

542

00:22:41,149 --> 00:22:36,720

notes and he really became like a

543

00:22:45,610 --> 00:22:41,159

grandfather to me and I still think

544

00:22:49,789 --> 00:22:48,409

and and do you want to tell everyone a

545

00:22:52,190 --> 00:22:49,799

little bit about what got you into

546

00:22:54,169 --> 00:22:52,200

hospice like you said that you chose

547

00:22:56,570 --> 00:22:54,179

that from being an ER you don't want to

548

00:22:58,190 --> 00:22:56,580

be stuck in the ER but that's what do

549

00:23:01,310 --> 00:22:58,200

you think maybe there was something else

550

00:23:04,130 --> 00:23:01,320

like have you looked at before you know

551  
00:23:06,350 --> 00:23:04,140  
is like nursing what you always want to

552  
00:23:07,909 --> 00:23:06,360  
do because I know in your book you give

553  
00:23:09,289 --> 00:23:07,919  
a little bit of a background about

554  
00:23:11,630 --> 00:23:09,299  
yourself so do you want to give everyone

555  
00:23:13,789 --> 00:23:11,640  
a little bit of that here yeah

556  
00:23:17,029 --> 00:23:13,799  
absolutely so I went off to College

557  
00:23:21,169 --> 00:23:17,039  
University After High School to become a

558  
00:23:25,010 --> 00:23:21,179  
writer that was my dream and I ended up

559  
00:23:27,770 --> 00:23:25,020  
pregnant at 19 with my son and I said

560  
00:23:29,750 --> 00:23:27,780  
you know I the writing's not going to

561  
00:23:32,330 --> 00:23:29,760  
cut it I need to figure out a career

562  
00:23:34,430 --> 00:23:32,340  
that is going to be a financially

563  
00:23:36,470 --> 00:23:34,440

sustainable and you know nursing just

564

00:23:38,230 --> 00:23:36,480

practically in a couple years you can

565

00:23:40,970 --> 00:23:38,240

make about fifty thousand dollars a year

566

00:23:43,370 --> 00:23:40,980

and so that's how I ended up in nursing

567

00:23:45,649 --> 00:23:43,380

and from there of course I did the

568

00:23:47,690 --> 00:23:45,659

hospital and then the nursing home and

569

00:23:50,210 --> 00:23:47,700

then when I was in the nursing home is

570

00:23:53,149 --> 00:23:50,220

when I saw hospice patients and I was

571

00:23:55,250 --> 00:23:53,159

like wow like they're one-on-one with

572

00:23:57,049 --> 00:23:55,260

patients and they're making sure that

573

00:23:59,630 --> 00:23:57,059

the patient what they want is really at

574

00:24:02,510 --> 00:23:59,640

the Forefront which is very different

575

00:24:05,690 --> 00:24:02,520

and I was like that is that's what I

576

00:24:07,909 --> 00:24:05,700

want to be doing and I firmly believe

577

00:24:10,370 --> 00:24:07,919

now that what I thought was just like

578

00:24:12,110 --> 00:24:10,380

convenience or practicality is like

579

00:24:14,149 --> 00:24:12,120

really really

580

00:24:16,730 --> 00:24:14,159

you know putting me where I was supposed

581

00:24:20,210 --> 00:24:16,740

to be like I really feel like everything

582

00:24:24,169 --> 00:24:20,220

aligned how it was supposed to

583

00:24:26,870 --> 00:24:24,179

I agree with you so Marla has a question

584

00:24:29,210 --> 00:24:26,880

uh are you able to see auras around your

585

00:24:30,590 --> 00:24:29,220

patients if so do they change when they

586

00:24:33,169 --> 00:24:30,600

cross over

587

00:24:36,770 --> 00:24:33,179

so I am not able to but we have a

588

00:24:39,230 --> 00:24:36,780

volunteer that is able to and she will

589

00:24:43,789 --> 00:24:39,240

sometimes say that she can

590

00:24:45,529 --> 00:24:43,799

um see or as far as yeah around patients

591

00:24:53,570 --> 00:24:45,539

and

592

00:24:55,430 --> 00:24:53,580

she said that was super crazy unique

593

00:24:57,529 --> 00:24:55,440

um I know she says I'm blue and green

594

00:24:58,669 --> 00:24:57,539

something and she was like yeah you're a

595

00:25:01,510 --> 00:24:58,679

good nurse because you're blue and green

596

00:25:03,710 --> 00:25:01,520

and I was like okay that sounds good

597

00:25:05,570 --> 00:25:03,720

something about being like calm and a

598

00:25:06,770 --> 00:25:05,580

nurturer I don't really know auras too

599

00:25:10,250 --> 00:25:06,780

well

600

00:25:13,789 --> 00:25:10,260

um but from what I understand the few

601  
00:25:16,669 --> 00:25:13,799  
deaths that she has been there

602  
00:25:19,490 --> 00:25:16,679  
um they kind of stay for like 10 minutes

603  
00:25:21,950 --> 00:25:19,500  
and then they're gone and you know from

604  
00:25:23,270 --> 00:25:21,960  
what I take from that is that patients

605  
00:25:26,690 --> 00:25:23,280  
kind of stick around for a little bit

606  
00:25:28,549 --> 00:25:26,700  
until they're ready to go right because

607  
00:25:29,570 --> 00:25:28,559  
they kind of want to see what's going on

608  
00:25:33,710 --> 00:25:29,580  
and

609  
00:25:38,750 --> 00:25:33,720  
so

610  
00:25:40,070 --> 00:25:38,760  
seeing an animal it's like I know that

611  
00:25:41,690 --> 00:25:40,080  
you've had people like you know see

612  
00:25:42,950 --> 00:25:41,700  
brothers sisters mothers fathers what

613  
00:25:46,970 --> 00:25:42,960

about animals

614

00:25:48,890 --> 00:25:46,980

yeah it's more rare for Animals most of

615

00:25:51,890 --> 00:25:48,900

the time it is family members or friends

616

00:25:53,570 --> 00:25:51,900

or you know someone like that but there

617

00:25:54,950 --> 00:25:53,580

have been occasionally patients where I

618

00:25:59,330 --> 00:25:54,960

would say they're animal or their pet

619

00:26:01,549 --> 00:25:59,340

was the closest person to them and I've

620

00:26:03,710 --> 00:26:01,559

had someone had a dog come back to get

621

00:26:05,690 --> 00:26:03,720

them and it was very

622

00:26:08,630 --> 00:26:05,700

um reassuring and calming and peaceful

623

00:26:10,010 --> 00:26:08,640

and happy for them and I thought that

624

00:26:12,830 --> 00:26:10,020

was wonderful and then I've had a few

625

00:26:14,570 --> 00:26:12,840

patients before that I they can't talk

626

00:26:17,029 --> 00:26:14,580

to me anymore but I feel like they're

627

00:26:20,090 --> 00:26:17,039

petting something like they're petting

628

00:26:22,070 --> 00:26:20,100

the air and of you know the family

629

00:26:23,450 --> 00:26:22,080

members will tell me that they had cats

630

00:26:26,149 --> 00:26:23,460

or dogs that they were very very close

631

00:26:27,289 --> 00:26:26,159

to so they're not able to tell me that

632

00:26:29,630 --> 00:26:27,299

they're seeing them but I kind of draw

633

00:26:31,430 --> 00:26:29,640

my own conclusions right their hand

634

00:26:32,810 --> 00:26:31,440

movements and everything yeah like they

635

00:26:35,090 --> 00:26:32,820

look like they're petting you know like

636

00:26:37,370 --> 00:26:35,100

a cat or something

637

00:26:39,289 --> 00:26:37,380

and maybe maybe if you like look and see

638

00:26:41,029 --> 00:26:39,299

if there's an indentation on the bed as

639

00:26:43,070 --> 00:26:41,039

well did you ever

640

00:26:46,430 --> 00:26:43,080

did you have never even thought to do

641

00:26:48,529 --> 00:26:46,440

that but you know cats are has anyone

642

00:26:51,049 --> 00:26:48,539

ever talked about like how cats can

643

00:26:54,230 --> 00:26:51,059

sense when someone's gonna die yeah

644

00:26:56,029 --> 00:26:54,240

because cats know like I've seen cats

645

00:26:58,130 --> 00:26:56,039

come like a day or two before someone

646

00:27:00,289 --> 00:26:58,140

dies and I did not know that the person

647

00:27:02,750 --> 00:27:00,299

had a cat like the cat would always hide

648

00:27:04,850 --> 00:27:02,760

when I came yeah and they will they'll

649

00:27:07,610 --> 00:27:04,860

sit there and dogs will too and they

650

00:27:10,250 --> 00:27:07,620

won't leave and I'm like oh no yeah

651  
00:27:13,130 --> 00:27:10,260  
there was um there was like a it was

652  
00:27:15,409 --> 00:27:13,140  
maybe five ten years ago that there was

653  
00:27:17,090 --> 00:27:15,419  
this hospital and I don't know if they

654  
00:27:19,130 --> 00:27:17,100  
were hospice but it was like a nursing

655  
00:27:21,409 --> 00:27:19,140  
home and every time someone would go and

656  
00:27:23,990 --> 00:27:21,419  
pass away the cat would go into their

657  
00:27:25,549 --> 00:27:24,000  
room it was like a facility cat he would

658  
00:27:27,830 --> 00:27:25,559  
go into their room and sit there and

659  
00:27:29,810 --> 00:27:27,840  
would not leave yeah until the person

660  
00:27:31,250 --> 00:27:29,820  
died and then some of the family members

661  
00:27:32,870 --> 00:27:31,260  
be like you know can you get the cat out

662  
00:27:35,450 --> 00:27:32,880  
and they're like no we're not touching

663  
00:27:37,669 --> 00:27:35,460

the cat he's here for a reason when he

664

00:27:39,769 --> 00:27:37,679

comes into a room we don't move him but

665

00:27:41,870 --> 00:27:39,779

it's like comforting yeah it was a kind

666

00:27:44,090 --> 00:27:41,880

of like yeah with cuddle up next to a

667

00:27:46,789 --> 00:27:44,100

person just like stay with the person

668

00:27:48,409 --> 00:27:46,799

yeah yeah and I had one family one time

669

00:27:50,870 --> 00:27:48,419

that a patient died in the middle of the

670

00:27:52,490 --> 00:27:50,880

night and they said when I got there to

671

00:27:55,909 --> 00:27:52,500

the death they're like yeah the cat

672

00:27:57,529 --> 00:27:55,919

started meowing so loudly right when he

673

00:28:02,049 --> 00:27:57,539

died and I was like

674

00:28:05,450 --> 00:28:02,059

y'all have a cat like you know

675

00:28:07,730 --> 00:28:05,460

yeah all of a sudden this cat is just

676

00:28:09,950 --> 00:28:07,740

freaking out right whenever he dies

677

00:28:12,169 --> 00:28:09,960

yeah exactly no trust me I know the

678

00:28:13,730 --> 00:28:12,179

feeling it's it's totally off topic but

679

00:28:16,130 --> 00:28:13,740

when we moved in here the people we

680

00:28:17,990 --> 00:28:16,140

bought the house from they were like if

681

00:28:20,690 --> 00:28:18,000

you see our cat let us know it got

682

00:28:23,269 --> 00:28:20,700

outside and I'm like okay so I'm like

683

00:28:24,890 --> 00:28:23,279

six months pregnant and I'm like in the

684

00:28:27,649 --> 00:28:24,900

kitchen and I look and I see these two

685

00:28:29,930 --> 00:28:27,659

huge guys looking at me I screamed and

686

00:28:32,029 --> 00:28:29,940

then I'm like oh wait that's a cat

687

00:28:33,470 --> 00:28:32,039

I'm like I I called my husband I'm like

688

00:28:35,930 --> 00:28:33,480

you have to call them and tell them to

689

00:28:39,010 --> 00:28:35,940

come get there he said it was outside

690

00:28:41,029 --> 00:28:39,020

it's hiding in the house

691

00:28:44,450 --> 00:28:41,039

it was in the house the whole time

692

00:28:46,430 --> 00:28:44,460

behind the stove oh my gosh yeah

693

00:28:47,690 --> 00:28:46,440

yeah because I I don't know what I kind

694

00:28:50,269 --> 00:28:47,700

of moved it like I shouldn't have been

695

00:28:52,370 --> 00:28:50,279

moving anything but I didn't listen so I

696

00:28:53,750 --> 00:28:52,380

moved it to do something because I had

697

00:28:56,450 --> 00:28:53,760

dropped something or I wanted to do

698

00:28:58,909 --> 00:28:56,460

something and there there was this cat

699

00:29:03,169 --> 00:28:58,919

and it was like wedged behind the stove

700

00:29:05,269 --> 00:29:03,179

oh my soul would leave my body exactly I

701  
00:29:07,370 --> 00:29:05,279  
mean I scream pretty loud too I really

702  
00:29:09,590 --> 00:29:07,380  
didn't until I realized it was a cat and

703  
00:29:11,870 --> 00:29:09,600  
then I felt so like they need to come

704  
00:29:13,730 --> 00:29:11,880  
get their cat yeah

705  
00:29:14,450 --> 00:29:13,740  
oh my gosh

706  
00:29:16,970 --> 00:29:14,460  
um

707  
00:29:20,090 --> 00:29:16,980  
I'm gonna put this one up hang on

708  
00:29:22,430 --> 00:29:20,100  
so Android paranormal says I am curious

709  
00:29:25,070 --> 00:29:22,440  
why did you think you did not believe in

710  
00:29:28,070 --> 00:29:25,080  
an afterlife before being a nurse

711  
00:29:30,830 --> 00:29:28,080  
yeah so I had an instance when I was 15

712  
00:29:32,810 --> 00:29:30,840  
where one of my good friends in high

713  
00:29:35,029 --> 00:29:32,820

school died while playing football like

714

00:29:37,430 --> 00:29:35,039

at the high school football game which

715

00:29:39,889 --> 00:29:37,440

was very jarring and I was raised

716

00:29:42,049 --> 00:29:39,899

extremely extremely religious and

717

00:29:45,049 --> 00:29:42,059

whenever that happened I just started

718

00:29:49,070 --> 00:29:45,059

questioning things I was like why would

719

00:29:51,470 --> 00:29:49,080

a God allow you know murderers to keep

720

00:29:53,990 --> 00:29:51,480

living but take a 15 year old

721

00:29:56,029 --> 00:29:54,000

you know who's done nothing wrong why

722

00:29:58,490 --> 00:29:56,039

would he do that and so I really started

723

00:29:59,990 --> 00:29:58,500

to question things and then when I

724

00:30:02,330 --> 00:30:00,000

worked in the ER

725

00:30:07,370 --> 00:30:02,340

one instance that really stands out to

726

00:30:09,169 --> 00:30:07,380

me is this patient needed surgery and I

727

00:30:12,350 --> 00:30:09,179

he wouldn't get it he said if I'm meant

728

00:30:13,970 --> 00:30:12,360

to live God Will Save Me and the ER

729

00:30:16,549 --> 00:30:13,980

nurse that I was with because I was

730

00:30:19,430 --> 00:30:16,559

training was like all right whatever

731

00:30:22,789 --> 00:30:19,440

he's stupid and I was like well so do

732

00:30:25,130 --> 00:30:22,799

you not believe in that and she was like

733

00:30:27,350 --> 00:30:25,140

no I don't know anyone who works in the

734

00:30:31,310 --> 00:30:27,360

ER who believes in an afterlife like you

735

00:30:33,230 --> 00:30:31,320

just see the worst of the worst and I

736

00:30:34,909 --> 00:30:33,240

started to really get that mindset too

737

00:30:39,110 --> 00:30:34,919

like why would all these bad things

738

00:30:41,570 --> 00:30:39,120

happen if there's this afterlife and you

739

00:30:44,210 --> 00:30:41,580

know through working in hospice I now

740

00:30:46,490 --> 00:30:44,220

feel like it's undeniable like I can't

741

00:30:49,010 --> 00:30:46,500

ignore that all of these things keep

742

00:30:50,870 --> 00:30:49,020

happening and that's one of the the

743

00:30:52,610 --> 00:30:50,880

meanings of my book The in between that

744

00:30:54,769 --> 00:30:52,620

it's okay for me to not have all the

745

00:30:56,149 --> 00:30:54,779

answers and it's okay to accept that

746

00:30:58,190 --> 00:30:56,159

there's bad things that happen in the

747

00:30:59,870 --> 00:30:58,200

world and that there's also probably an

748

00:31:02,210 --> 00:30:59,880

afterlife

749

00:31:05,930 --> 00:31:02,220

and I think when you work in the ER too

750

00:31:07,730 --> 00:31:05,940

from at least what I know my mom you you

751  
00:31:10,370 --> 00:31:07,740  
could go into two ways you can become

752  
00:31:11,990 --> 00:31:10,380  
that like jaded dark person who just

753  
00:31:14,029 --> 00:31:12,000  
doesn't believe in anything or you can

754  
00:31:16,490 --> 00:31:14,039  
like have that sick twisted sense of

755  
00:31:19,610 --> 00:31:16,500  
humor yeah she she went to the sick

756  
00:31:21,590 --> 00:31:19,620  
twisted sense of humor type person and

757  
00:31:23,510 --> 00:31:21,600  
but I mean she still believed in stuff

758  
00:31:25,610 --> 00:31:23,520  
because then she went on to be a cardiac

759  
00:31:27,230 --> 00:31:25,620  
critical care nurse and she has all

760  
00:31:29,090 --> 00:31:27,240  
kinds of experiences on that floor as

761  
00:31:31,370 --> 00:31:29,100  
well like there were monitors that would

762  
00:31:34,490 --> 00:31:31,380  
go off at a certain time when the DJ

763  
00:31:36,049 --> 00:31:34,500

died and nobody was in that bed and they

764

00:31:38,210 --> 00:31:36,059

would have to physically go in and

765

00:31:39,889 --> 00:31:38,220

unplug the monitors they would get back

766

00:31:41,870 --> 00:31:39,899

to the station and the monitors would

767

00:31:44,470 --> 00:31:41,880

still be going off at the same time his

768

00:31:47,750 --> 00:31:44,480

radio station would be playing his show

769

00:31:49,490 --> 00:31:47,760

wow and it would last until the end of a

770

00:31:50,330 --> 00:31:49,500

show and then the monitor would just be

771

00:31:52,850 --> 00:31:50,340

dead

772

00:31:56,269 --> 00:31:52,860

wow yeah I remember her telling me that

773

00:31:57,769 --> 00:31:56,279

so I mean she she believed but yeah you

774

00:31:59,630 --> 00:31:57,779

know she went to that and then you did

775

00:32:02,210 --> 00:31:59,640

have the nurses who were like you know

776

00:32:04,010 --> 00:32:02,220

there's no afterlife but just you know

777

00:32:07,510 --> 00:32:04,020

people don't want to do stuff they just

778

00:32:11,149 --> 00:32:07,520

don't care you know that's yeah yeah

779

00:32:14,269 --> 00:32:11,159

it's hard to work in New York yeah that

780

00:32:17,570 --> 00:32:14,279

is a very hard job even what you do is a

781

00:32:19,690 --> 00:32:17,580

very hard job like yeah I could not do

782

00:32:22,549 --> 00:32:19,700

that

783

00:32:26,210 --> 00:32:22,559

yeah I could not

784

00:32:28,789 --> 00:32:26,220

um so what what has like

785

00:32:31,370 --> 00:32:28,799

is there I'm trying to think of a way to

786

00:32:35,389 --> 00:32:31,380

phrase this hang on sorry my mind you're

787

00:32:39,289 --> 00:32:37,310

I'm gonna put this up this comment how

788

00:32:41,750 --> 00:32:39,299

about that and then try to gather my

789

00:32:43,370 --> 00:32:41,760

thoughts I I'm just going to I have baby

790

00:32:46,850 --> 00:32:43,380

brain right now so my mind just went

791

00:32:49,430 --> 00:32:46,860

blank so oh I totally understand yeah 44

792

00:32:51,950 --> 00:32:49,440

years is a long time so 50 years

793

00:32:54,529 --> 00:32:51,960

actually is a nursing field 10 years in

794

00:32:56,570 --> 00:32:54,539

hospice very rewarding I totally agree I

795

00:32:58,669 --> 00:32:56,580

totally totally agree it is very

796

00:33:01,070 --> 00:32:58,679

rewarding

797

00:33:02,950 --> 00:33:01,080

if you weren't doing this what do you

798

00:33:07,250 --> 00:33:02,960

think you would be doing

799

00:33:10,130 --> 00:33:07,260

I don't know I really felt very lost

800

00:33:13,610 --> 00:33:10,140

um before I found hospice and I was like

801  
00:33:16,070 --> 00:33:13,620  
is nursing even for me like I was just

802  
00:33:18,470 --> 00:33:16,080  
going to work just to go just to put

803  
00:33:20,630 --> 00:33:18,480  
food on the table so to say

804  
00:33:22,850 --> 00:33:20,640  
um my only other field that I felt like

805  
00:33:24,409 --> 00:33:22,860  
would have been a good fit was a labor

806  
00:33:28,789 --> 00:33:24,419  
and delivery so I guess I just like the

807  
00:33:32,210 --> 00:33:30,710  
so and I give those girls a lot of

808  
00:33:34,310 --> 00:33:32,220  
credit to having been the patient and

809  
00:33:37,610 --> 00:33:34,320  
going to be a patient again give those

810  
00:33:40,430 --> 00:33:37,620  
girls because I I was very stubborn with

811  
00:33:41,389 --> 00:33:40,440  
my son and they put up with a lot for me

812  
00:33:43,610 --> 00:33:41,399  
so

813  
00:33:47,149 --> 00:33:43,620

they're wonderful and they're very

814

00:33:48,470 --> 00:33:47,159

highly skilled in what they do too and a

815

00:33:51,830 --> 00:33:48,480

lot of people even know that that they

816

00:33:54,289 --> 00:33:51,840

function very independently too yeah and

817

00:33:57,110 --> 00:33:54,299

I had the one nurse I had she reminded

818

00:33:59,630 --> 00:33:57,120

me of my mom like she came out of

819

00:34:01,549 --> 00:33:59,640

nowhere they had an emergency and she

820

00:34:02,990 --> 00:34:01,559

grabbed my hand and I told her I

821

00:34:04,430 --> 00:34:03,000

couldn't do it anymore and she looked at

822

00:34:07,310 --> 00:34:04,440

me and she said oh you're gonna do it

823

00:34:08,990 --> 00:34:07,320

it's too late now you're gonna do it and

824

00:34:10,909 --> 00:34:09,000

like I froze for a second because I

825

00:34:13,790 --> 00:34:10,919

literally thought that was my mom and I

826

00:34:15,349 --> 00:34:13,800

was just like oh my God you know so

827

00:34:18,589 --> 00:34:15,359

those are the people you need sometimes

828

00:34:20,270 --> 00:34:18,599

though exactly that tough love type have

829

00:34:23,030 --> 00:34:20,280

you ever had to give somebody that tough

830

00:34:27,230 --> 00:34:23,040

love type in hospice

831

00:34:28,730 --> 00:34:27,240

yeah I try to do it pretty gently but

832

00:34:31,190 --> 00:34:28,740

you know sometimes you just have people

833

00:34:34,550 --> 00:34:31,200

who are like very very very angry and

834

00:34:36,530 --> 00:34:34,560

they try to take it out on you and you

835

00:34:38,869 --> 00:34:36,540

know I had one patient who was just oh

836

00:34:40,669 --> 00:34:38,879

this isn't right and I don't like this

837

00:34:42,409 --> 00:34:40,679

medication and your doctor won't change

838

00:34:45,649 --> 00:34:42,419

it and I just hate every you know just

839

00:34:47,629 --> 00:34:45,659

hate everything and I finally just

840

00:34:50,389 --> 00:34:47,639

looked at her and said you know what can

841

00:34:53,030 --> 00:34:50,399

I do to make you happy yeah and she's

842

00:34:56,510 --> 00:34:53,040

like you I cannot be dying

843

00:34:57,290 --> 00:34:56,520

and I just was quiet because I mean you

844

00:35:00,230 --> 00:34:57,300

know

845

00:35:02,930 --> 00:35:00,240

yeah I can't do that and that really was

846

00:35:04,670 --> 00:35:02,940

the root of it yeah and I just let her

847

00:35:07,270 --> 00:35:04,680

sit with it for a minute and she she

848

00:35:09,770 --> 00:35:07,280

stopped complaining

849

00:35:12,710 --> 00:35:09,780

the symptoms tough love is the best

850

00:35:16,190 --> 00:35:12,720

honestly yeah it really is

851  
00:35:17,510 --> 00:35:16,200  
so and you have a non-profit you have

852  
00:35:19,069 --> 00:35:17,520  
started as well do you want to tell

853  
00:35:21,470 --> 00:35:19,079  
everyone about that how's that going

854  
00:35:23,210 --> 00:35:21,480  
yeah it's going good I'm still waiting

855  
00:35:25,190 --> 00:35:23,220  
to hear back from the government on

856  
00:35:27,230 --> 00:35:25,200  
being approved to be a non-profit so I

857  
00:35:28,849 --> 00:35:27,240  
can start fundraising in its tax-free

858  
00:35:32,450 --> 00:35:28,859  
basically

859  
00:35:34,790 --> 00:35:32,460  
um but the issue I see at least in my

860  
00:35:36,349 --> 00:35:34,800  
immediate Community is that hospice

861  
00:35:38,690 --> 00:35:36,359  
offers something called respite care

862  
00:35:40,310 --> 00:35:38,700  
which is where they'll pay insurance

863  
00:35:42,950 --> 00:35:40,320

they'll pay for up to five days for you

864

00:35:45,589 --> 00:35:42,960

to go into a facility whenever

865

00:35:47,329 --> 00:35:45,599

caregiving is too tough on the caregiver

866

00:35:50,390 --> 00:35:47,339

it gives them a break lets them

867

00:35:51,710 --> 00:35:50,400

replenish their batteries and get back

868

00:35:54,770 --> 00:35:51,720

to being able to care for someone at

869

00:35:57,470 --> 00:35:54,780

home a patient the issue I see is that a

870

00:35:59,870 --> 00:35:57,480

lot of the places around me do not allow

871

00:36:01,670 --> 00:35:59,880

for the caregiver to stay so they're

872

00:36:03,109 --> 00:36:01,680

either given a chair at best or they're

873

00:36:04,670 --> 00:36:03,119

just not allowed to stay at all like in

874

00:36:07,210 --> 00:36:04,680

nursing homes

875

00:36:09,349 --> 00:36:07,220

um they'll so they won't use it because

876

00:36:11,810 --> 00:36:09,359

unfortunately usually whenever

877

00:36:13,910 --> 00:36:11,820

caregiving gets too tough is near the

878

00:36:16,730 --> 00:36:13,920

end of life when symptoms are getting

879

00:36:18,170 --> 00:36:16,740

more difficult to manage and so if

880

00:36:19,670 --> 00:36:18,180

there's a chance that they won't be

881

00:36:21,170 --> 00:36:19,680

there when their loved one dies after

882

00:36:22,550 --> 00:36:21,180

say caring for them for five years

883

00:36:25,030 --> 00:36:22,560

they're not going to take that chance

884

00:36:27,950 --> 00:36:25,040

they just say I won't sleep for a week

885

00:36:31,550 --> 00:36:27,960

and I get it

886

00:36:35,150 --> 00:36:31,560

um but these caregivers are so extremely

887

00:36:37,910 --> 00:36:35,160

burned out and so I want to open a

888

00:36:40,370 --> 00:36:37,920

hospice house that gives caregivers a

889

00:36:42,290 --> 00:36:40,380

bed to sleep in they're so welcome to

890

00:36:43,730 --> 00:36:42,300

come but they're not going to have

891

00:36:45,109 --> 00:36:43,740

caregiving responsibilities while

892

00:36:46,790 --> 00:36:45,119

they're there but we're going to give

893

00:36:50,089 --> 00:36:46,800

them a bed we're going to give them food

894

00:36:52,730 --> 00:36:50,099

to eat you know really give them a break

895

00:36:54,050 --> 00:36:52,740

without worrying that their loved one's

896

00:36:55,250 --> 00:36:54,060

going to die when they're not there or

897

00:36:57,290 --> 00:36:55,260

that they're not going to be cared for

898

00:36:59,569 --> 00:36:57,300

because also in my community I live near

899

00:37:02,930 --> 00:36:59,579

New Orleans and

900

00:37:06,890 --> 00:37:02,940

um there's a lot of distrust for the

901  
00:37:09,410 --> 00:37:06,900  
medical community and I get that so if I

902  
00:37:11,210 --> 00:37:09,420  
say you come you get to you know oversee

903  
00:37:14,630 --> 00:37:11,220  
us get to do everything and I think that

904  
00:37:16,370 --> 00:37:14,640  
they're it'll be used more right and it

905  
00:37:18,109 --> 00:37:16,380  
might be a touchy subject but I'm just

906  
00:37:21,109 --> 00:37:18,119  
going to ask out where is it because of

907  
00:37:22,970 --> 00:37:21,119  
Katrina is that why or is it just you

908  
00:37:24,170 --> 00:37:22,980  
know people have that distrust in

909  
00:37:26,930 --> 00:37:24,180  
general

910  
00:37:27,890 --> 00:37:26,940  
it's it's definitely a distress in

911  
00:37:29,810 --> 00:37:27,900  
general

912  
00:37:34,490 --> 00:37:29,820  
um around here

913  
00:37:36,829 --> 00:37:34,500

um and I don't really know why but there

914

00:37:40,609 --> 00:37:36,839

really is they a lot of people do not

915

00:37:43,609 --> 00:37:40,619

trust medical professionals around here

916

00:37:46,310 --> 00:37:43,619

okay I've just linked your uh your

917

00:37:48,530 --> 00:37:46,320

website in the comments oh thank you so

918

00:37:50,089 --> 00:37:48,540

you're welcome I just want to get that

919

00:37:52,609 --> 00:37:50,099

there because I'm not trying to have it

920

00:37:54,109 --> 00:37:52,619

in the banners but yeah no that's I

921

00:37:57,109 --> 00:37:54,119

think that's everywhere but that that

922

00:37:59,390 --> 00:37:57,119

sounds like a bigger thing where you are

923

00:38:01,370 --> 00:37:59,400

yeah absolutely yeah and it might be

924

00:38:05,450 --> 00:38:01,380

everywhere that I just really only know

925

00:38:08,630 --> 00:38:05,460

my community but you know I get it I

926  
00:38:10,910 --> 00:38:08,640  
really do and I think that Katrina kovid

927  
00:38:12,410 --> 00:38:10,920  
you know a lot of issues have

928  
00:38:15,410 --> 00:38:12,420  
exacerbated that

929  
00:38:17,270 --> 00:38:15,420  
yeah and and like you said kova did not

930  
00:38:19,490 --> 00:38:17,280  
help anything

931  
00:38:21,109 --> 00:38:19,500  
um have you ever taken care of a coveted

932  
00:38:22,970 --> 00:38:21,119  
patient during hospice if you don't mind

933  
00:38:26,510 --> 00:38:22,980  
me asking it do you have a story about

934  
00:38:29,450 --> 00:38:26,520  
that oh yeah or you can okay do you have

935  
00:38:30,890 --> 00:38:29,460  
yeah you know I don't think it's too

936  
00:38:32,270 --> 00:38:30,900  
different from

937  
00:38:34,730 --> 00:38:32,280  
um you know taking care of a lot of

938  
00:38:37,670 --> 00:38:34,740

patients with like pneumonia

939

00:38:39,050 --> 00:38:37,680

um at the end of life and it's pretty

940

00:38:41,030 --> 00:38:39,060

similar

941

00:38:43,069 --> 00:38:41,040

um you know difficulties breathing like

942

00:38:44,930 --> 00:38:43,079

a COPD for people who have like smoke

943

00:38:48,230 --> 00:38:44,940

for years

944

00:38:50,569 --> 00:38:48,240

um where we we give them oxygen morphine

945

00:38:51,310 --> 00:38:50,579

can help with like the air hunger kind

946

00:38:53,210 --> 00:38:51,320

of

947

00:38:55,130 --> 00:38:53,220

feelings

948

00:38:57,770 --> 00:38:55,140

um but I haven't had one in a while

949

00:38:59,690 --> 00:38:57,780

actually probably a year no that's good

950

00:39:02,630 --> 00:38:59,700

for a while I was having quite a few

951

00:39:05,870 --> 00:39:02,640

well that's really good

952

00:39:07,069 --> 00:39:05,880

um what is the oldest hospice patient

953

00:39:10,190 --> 00:39:07,079

you've had

954

00:39:13,010 --> 00:39:10,200

I have had someone so you're not allowed

955

00:39:14,630 --> 00:39:13,020

to say exact age if they're over 100 but

956

00:39:17,870 --> 00:39:14,640

I've had multiple patients over a

957

00:39:19,970 --> 00:39:17,880

hundred oh wow okay yeah because it's

958

00:39:22,310 --> 00:39:19,980

HIPAA because I guess if you say like if

959

00:39:25,010 --> 00:39:22,320

say if I said 110 if there's only like

960

00:39:26,630 --> 00:39:25,020

10 people who are 110 and one of them

961

00:39:31,810 --> 00:39:26,640

lives near New Orleans I guess you could

962

00:39:36,829 --> 00:39:34,250

apparently that's what they say so yeah

963

00:39:38,510 --> 00:39:36,839

so if they're under six or over a

964

00:39:39,530 --> 00:39:38,520

hundred you can't say the ages that

965

00:39:41,630 --> 00:39:39,540

you've cared for

966

00:39:43,250 --> 00:39:41,640

oh okay I did not know that was part of

967

00:39:45,589 --> 00:39:43,260

HIPAA see I just learned something new

968

00:39:49,670 --> 00:39:45,599

me neither until like a year ago so I'm

969

00:39:53,870 --> 00:39:52,069

my next question because that was

970

00:39:56,690 --> 00:39:53,880

because it was the youngest you have had

971

00:39:59,690 --> 00:39:56,700

yeah under six hundreds unfortunately

972

00:40:03,050 --> 00:40:00,470

um

973

00:40:04,550 --> 00:40:03,060

I'm trying to think of anything else is

974

00:40:07,069 --> 00:40:04,560

there any other stories you want to tell

975

00:40:08,870 --> 00:40:07,079

us that you can think of

976

00:40:11,089 --> 00:40:08,880

you know there's one that's not in my

977

00:40:13,790 --> 00:40:11,099

book that I really really love

978

00:40:16,430 --> 00:40:13,800

um because I feel like it shows the like

979

00:40:19,609 --> 00:40:16,440

willpower of the human mind

980

00:40:22,609 --> 00:40:19,619

um but I had a patient who

981

00:40:25,010 --> 00:40:22,619

he whenever I admit a patient my first

982

00:40:26,870 --> 00:40:25,020

question is always what is your goal

983

00:40:30,290 --> 00:40:26,880

while in hospice care because people

984

00:40:32,750 --> 00:40:30,300

have very different goals and so this

985

00:40:36,410 --> 00:40:32,760

patient's goal was to see his son be

986

00:40:39,050 --> 00:40:36,420

born and whenever we admit patients we

987

00:40:40,670 --> 00:40:39,060

get a packet from the hospital and

988

00:40:42,290 --> 00:40:40,680

sometimes they'll write like off the

989

00:40:45,230 --> 00:40:42,300

record notes on them like the doctor

990

00:40:46,550 --> 00:40:45,240

will so the off the record note from a

991

00:40:49,670 --> 00:40:46,560

doctor said like

992

00:40:51,890 --> 00:40:49,680

he's going to die soon which we needed

993

00:40:53,450 --> 00:40:51,900

to know because sometimes you can wait

994

00:40:55,130 --> 00:40:53,460

to do an admission like till the next

995

00:40:57,290 --> 00:40:55,140

morning but this was one where he was

996

00:40:58,970 --> 00:40:57,300

like hey you need to go do it tonight

997

00:41:00,829 --> 00:40:58,980

like cinderell and call nurse to go do

998

00:41:03,170 --> 00:41:00,839

it tonight like that was how serious it

999

00:41:05,690 --> 00:41:03,180

was so I remember looking at his wife

1000

00:41:08,930 --> 00:41:05,700

and I could not even see a baby bum and

1001  
00:41:10,730 --> 00:41:08,940  
I was like oh great she was 18 weeks

1002  
00:41:16,790 --> 00:41:10,740  
come to find out

1003  
00:41:18,829 --> 00:41:16,800  
um so I was like oh great so we get them

1004  
00:41:22,010 --> 00:41:18,839  
home we get them comfortable

1005  
00:41:23,210 --> 00:41:22,020  
and you know about a week later I

1006  
00:41:25,430 --> 00:41:23,220  
remember sitting in our meeting and

1007  
00:41:27,770 --> 00:41:25,440  
being like yeah he's he's still hanging

1008  
00:41:30,349 --> 00:41:27,780  
in there like he's looking okay I wonder

1009  
00:41:32,510 --> 00:41:30,359  
if some of it was pain control

1010  
00:41:35,290 --> 00:41:32,520  
um but still I mean he had cancer like

1011  
00:41:37,849 --> 00:41:35,300  
you you got a time limit on that and

1012  
00:41:41,030 --> 00:41:37,859  
once we got to week

1013  
00:41:45,589 --> 00:41:41,040

30. I just remember every single morning

1014

00:41:47,089 --> 00:41:45,599

being extremely anxious like okay like

1015

00:41:48,410 --> 00:41:47,099

please hang in there please hang in

1016

00:41:49,910 --> 00:41:48,420

there you know we're getting so close

1017

00:41:52,550 --> 00:41:49,920

like when I didn't even think it would

1018

00:41:56,089 --> 00:41:52,560

be a possibility to live to week 30 of

1019

00:41:57,050 --> 00:41:56,099

her pregnancy and so his cat hanging in

1020

00:42:01,190 --> 00:41:57,060

there and of course she was very

1021

00:42:04,490 --> 00:42:01,200

stressed too I can imagine yeah and she

1022

00:42:06,410 --> 00:42:04,500

ended up going into labor at 35 weeks

1023

00:42:08,750 --> 00:42:06,420

and

1024

00:42:10,069 --> 00:42:08,760

um what we were just glad she could do

1025

00:42:12,170 --> 00:42:10,079

that long with all the stress that she

1026

00:42:15,349 --> 00:42:12,180

was under and

1027

00:42:17,930 --> 00:42:15,359

um I got to go to the hospital

1028

00:42:22,190 --> 00:42:17,940

um whenever the baby was in there and he

1029

00:42:25,510 --> 00:42:22,200

was in there and baby came home and he

1030

00:42:28,910 --> 00:42:25,520

died like two days later but he made it

1031

00:42:31,609 --> 00:42:28,920

I was like that just is amazing that is

1032

00:42:35,450 --> 00:42:31,619

I mean that shows you know his willpower

1033

00:42:38,210 --> 00:42:35,460

it's just the human willpower to just

1034

00:42:41,569 --> 00:42:38,220

you know fight to live until

1035

00:42:43,069 --> 00:42:41,579

the end basically yeah absolutely and

1036

00:42:45,230 --> 00:42:43,079

the power of the mind it's really crazy

1037

00:42:47,150 --> 00:42:45,240

and you know people can like choose when

1038

00:42:48,650 --> 00:42:47,160

they die I've always found that to be

1039

00:42:50,450 --> 00:42:48,660

very crazy too

1040

00:42:53,750 --> 00:42:50,460

can you explain that a little bit for

1041

00:42:56,990 --> 00:42:53,760

those who don't know yeah absolutely so

1042

00:42:58,370 --> 00:42:57,000

you know I would say like how crazy it

1043

00:43:00,349 --> 00:42:58,380

is when you think about it like if I

1044

00:43:02,450 --> 00:43:00,359

said I want to go to sleep right now I

1045

00:43:04,250 --> 00:43:02,460

couldn't do that but patients seem to be

1046

00:43:06,589 --> 00:43:04,260

able to choose when they die down to the

1047

00:43:10,790 --> 00:43:06,599

second so one that stands out to me the

1048

00:43:13,370 --> 00:43:10,800

most is that I had a patient who told me

1049

00:43:15,890 --> 00:43:13,380

I'm not going to die in front of my

1050

00:43:17,329 --> 00:43:15,900

husband so you need to warn him like

1051

00:43:18,890 --> 00:43:17,339

it's like going to the bathroom that's

1052

00:43:22,309 --> 00:43:18,900

something you don't do in front of other

1053

00:43:25,010 --> 00:43:22,319

people and I knew at this point that

1054

00:43:27,890 --> 00:43:25,020

people can choose when they die and so I

1055

00:43:29,809 --> 00:43:27,900

warned him I was like hey this is gonna

1056

00:43:31,550 --> 00:43:29,819

happen she's not gonna die in front of

1057

00:43:33,349 --> 00:43:31,560

you and he was like the type that did

1058

00:43:36,530 --> 00:43:33,359

not leave her alone he was like a

1059

00:43:37,970 --> 00:43:36,540

helicopter spouse and so I tried to warn

1060

00:43:39,349 --> 00:43:37,980

him and he was like yeah she's not going

1061

00:43:41,829 --> 00:43:39,359

to choose that doesn't happen and I'm

1062

00:43:46,309 --> 00:43:41,839

gonna be there I was like oh Lord

1063

00:43:48,290 --> 00:43:46,319

so she is in a coma at some point and he

1064

00:43:49,730 --> 00:43:48,300

will not leave her side at all like when

1065

00:43:52,069 --> 00:43:49,740

I would visit him daily I'd have to

1066

00:43:54,950 --> 00:43:52,079

bring him food to her bedside he would

1067

00:43:56,569 --> 00:43:54,960

not leave and I was like oh and I kept

1068

00:43:59,569 --> 00:43:56,579

trying to warn him and he was like well

1069

00:44:00,650 --> 00:43:59,579

I mean I'm not gonna leave so in the

1070

00:44:03,109 --> 00:44:00,660

middle of the night I get the call that

1071

00:44:05,569 --> 00:44:03,119

she died from him go to the house and as

1072

00:44:07,609 --> 00:44:05,579

soon as I show up he's like

1073

00:44:09,230 --> 00:44:07,619

um he's in shock he's like she did he's

1074

00:44:10,790 --> 00:44:09,240

like I went to the bathroom that was

1075

00:44:12,890 --> 00:44:10,800

like from here to the wall

1076

00:44:16,130 --> 00:44:12,900

with the door open and went to the

1077

00:44:18,530 --> 00:44:16,140

bathroom I was gone left yeah no I was

1078

00:44:21,170 --> 00:44:18,540

gone less than a minute and she died oh

1079

00:44:23,870 --> 00:44:21,180

my God and I was like oh my goodness

1080

00:44:26,450 --> 00:44:23,880

yeah she was very she was very

1081

00:44:28,730 --> 00:44:26,460

determined not to have him there yeah

1082

00:44:31,069 --> 00:44:28,740

and you know people who say like she was

1083

00:44:33,410 --> 00:44:31,079

in a coma like how did she even know

1084

00:44:35,750 --> 00:44:33,420

that he had gone to the bathroom

1085

00:44:37,490 --> 00:44:35,760

I think people in the coma tend to know

1086

00:44:39,770 --> 00:44:37,500

they're I think they're more aware of

1087

00:44:42,290 --> 00:44:39,780

things going on than people give them

1088

00:44:45,050 --> 00:44:42,300

credit for at least in my opinion I do

1089

00:44:46,970 --> 00:44:45,060

too but it's crazy yeah and I didn't

1090

00:44:47,870 --> 00:44:46,980

mean to laugh it just like he you know

1091

00:44:49,069 --> 00:44:47,880

it is

1092

00:44:50,809 --> 00:44:49,079

going to leave her alone so much and

1093

00:44:52,609 --> 00:44:50,819

he's like having the door open I can

1094

00:44:54,530 --> 00:44:52,619

kind of like imagine like peeking like

1095

00:44:57,109 --> 00:44:54,540

trying to keep an eye on her and do

1096

00:44:59,510 --> 00:44:57,119

whatever at the same time you know

1097

00:45:02,630 --> 00:44:59,520

he was so funny like if y'all could have

1098

00:45:03,849 --> 00:45:02,640

known him he he had a ukulele that he

1099

00:45:07,790 --> 00:45:03,859

would play

1100

00:45:10,309 --> 00:45:07,800

would be like

1101  
00:45:12,470 --> 00:45:10,319  
please stop like that is so annoying and

1102  
00:45:14,470 --> 00:45:12,480  
he's like she just loves it when I play

1103  
00:45:19,010 --> 00:45:14,480  
the ukulele

1104  
00:45:22,190 --> 00:45:19,020  
now that's true love right there yeah

1105  
00:45:24,410 --> 00:45:22,200  
oh my gosh okay so we have a question

1106  
00:45:27,470 --> 00:45:24,420  
from Deborah do you see the differences

1107  
00:45:29,390 --> 00:45:27,480  
in physiology changes in the patients

1108  
00:45:31,550 --> 00:45:29,400  
who have passed naturally versus those

1109  
00:45:33,170 --> 00:45:31,560  
who have had palliative or medically

1110  
00:45:34,370 --> 00:45:33,180  
assisted passing

1111  
00:45:36,109 --> 00:45:34,380  
so

1112  
00:45:38,510 --> 00:45:36,119  
um physician assisted suicide is not

1113  
00:45:41,630 --> 00:45:38,520

legal in my state so I've never seen

1114

00:45:45,050 --> 00:45:41,640

physician-assisted suicide so all of my

1115

00:45:47,870 --> 00:45:45,060

patients technically pass naturally

1116

00:45:49,849 --> 00:45:47,880

um but as far as patients who have

1117

00:45:52,069 --> 00:45:49,859

narcotics at the end of life versus

1118

00:45:57,530 --> 00:45:52,079

patients who do not I don't see any

1119

00:46:02,030 --> 00:45:59,450

yeah I think there's only a handful of

1120

00:46:04,670 --> 00:46:02,040

states that have it I think I think it's

1121

00:46:07,130 --> 00:46:04,680

five yeah I think New York's one of them

1122

00:46:08,690 --> 00:46:07,140

I know California they were fighting for

1123

00:46:10,309 --> 00:46:08,700

it I can't remember if it passed in

1124

00:46:13,309 --> 00:46:10,319

California they have I think California

1125

00:46:15,770 --> 00:46:13,319

has it uh Utah and there was a couple

1126

00:46:16,990 --> 00:46:15,780

others yeah I think Washington has it

1127

00:46:20,390 --> 00:46:17,000

too

1128

00:46:21,829 --> 00:46:20,400

okay what do you think of that you're if

1129

00:46:23,690 --> 00:46:21,839

you want to touch on that if you don't

1130

00:46:26,750 --> 00:46:23,700

want to touch on it no I don't mind at

1131

00:46:29,030 --> 00:46:26,760

all no I don't mind at all so honestly I

1132

00:46:31,670 --> 00:46:29,040

go very back and forth on this

1133

00:46:33,650 --> 00:46:31,680

um so the way it is here is that you

1134

00:46:37,849 --> 00:46:33,660

have to be able to

1135

00:46:40,370 --> 00:46:37,859

take it yourself the medication so you

1136

00:46:42,170 --> 00:46:40,380

know unfortunately that kind of leaves

1137

00:46:44,990 --> 00:46:42,180

people who are in a situation who have

1138

00:46:47,870 --> 00:46:45,000

like say cancer where every morning they

1139

00:46:51,170 --> 00:46:47,880

wake up and they're like well what if I

1140

00:46:53,510 --> 00:46:51,180

lose that ability tomorrow like should I

1141

00:46:56,990 --> 00:46:53,520

basically kill myself today because I'm

1142

00:46:59,089 --> 00:46:57,000

worried about losing that ability and so

1143

00:47:01,910 --> 00:46:59,099

I don't really like that people are put

1144

00:47:04,510 --> 00:47:01,920

in that situation so on one hand I feel

1145

00:47:06,770 --> 00:47:04,520

like you should be able to

1146

00:47:09,950 --> 00:47:06,780

your spouse or your parent or whoever

1147

00:47:13,010 --> 00:47:09,960

your power of attorney be able to say

1148

00:47:15,050 --> 00:47:13,020

okay I know that my loved one say Hadley

1149

00:47:16,670 --> 00:47:15,060

doesn't have quality of life anymore and

1150

00:47:18,770 --> 00:47:16,680

she wouldn't want to live and that's

1151

00:47:21,650 --> 00:47:18,780

whenever you should be able to

1152

00:47:23,630 --> 00:47:21,660

take it but you know as of right now you

1153

00:47:25,069 --> 00:47:23,640

have to have the ability to take it and

1154

00:47:27,710 --> 00:47:25,079

sometimes people still have a lot of

1155

00:47:29,210 --> 00:47:27,720

quality of life left

1156

00:47:31,370 --> 00:47:29,220

um whenever they're ending their life so

1157

00:47:33,530 --> 00:47:31,380

that I don't really support but then on

1158

00:47:35,030 --> 00:47:33,540

the other hand so that was my stance on

1159

00:47:36,650 --> 00:47:35,040

it right like you should be able to tell

1160

00:47:39,589 --> 00:47:36,660

someone and then I heard from the

1161

00:47:42,170 --> 00:47:39,599

disabled community that said I'm

1162

00:47:44,569 --> 00:47:42,180

concerned about that and giving over

1163

00:47:49,130 --> 00:47:44,579

power of attorney to anyone who then has

1164

00:47:50,990 --> 00:47:49,140

the power to kill me yeah and so I just

1165

00:47:52,490 --> 00:47:51,000

go so back and forth on that because I

1166

00:47:56,930 --> 00:47:52,500

hear that too and I understand that

1167

00:47:58,910 --> 00:47:56,940

concern too and so you know it's hard no

1168

00:48:00,710 --> 00:47:58,920

it is it's a very hard thing and then

1169

00:48:02,630 --> 00:48:00,720

the people who do say have you know

1170

00:48:04,309 --> 00:48:02,640

cancer or something that's a rigorous

1171

00:48:06,650 --> 00:48:04,319

process to go through if you've ever

1172

00:48:07,970 --> 00:48:06,660

looked into it like whether you're

1173

00:48:10,250 --> 00:48:07,980

writing a paper whatever you're doing

1174

00:48:12,589 --> 00:48:10,260

like if you look into it's a rigorous

1175

00:48:14,690 --> 00:48:12,599

process no matter what where you get it

1176

00:48:16,970 --> 00:48:14,700

you get here or out of the country

1177

00:48:19,309 --> 00:48:16,980

it takes forever and are you going to be

1178

00:48:20,510 --> 00:48:19,319

the same as you were like in a year to

1179

00:48:23,630 --> 00:48:20,520

six months

1180

00:48:25,790 --> 00:48:23,640

yeah absolutely yeah it's fine yeah it's

1181

00:48:27,890 --> 00:48:25,800

quite a process but you know there's

1182

00:48:30,290 --> 00:48:27,900

also people who have done it or before

1183

00:48:32,990 --> 00:48:30,300

they did it obviously that we're happy

1184

00:48:36,050 --> 00:48:33,000

with it so those people are valid too

1185

00:48:37,849 --> 00:48:36,060

it's very difficult yeah no it's it's a

1186

00:48:40,430 --> 00:48:37,859

very it's not only a touchy subject but

1187

00:48:43,069 --> 00:48:40,440

it's also very difficult to be on both

1188

00:48:44,329 --> 00:48:43,079

sides yeah no I agree yeah

1189

00:48:46,550 --> 00:48:44,339

um

1190

00:48:47,930 --> 00:48:46,560

let's see now I did have a question then

1191

00:48:49,730 --> 00:48:47,940

we got talking about that and like I

1192

00:48:53,150 --> 00:48:49,740

said my mind just went like

1193

00:48:55,550 --> 00:48:53,160

have you have you ever had anyone who

1194

00:48:58,309 --> 00:48:55,560

discharge themselves from hospice does

1195

00:49:01,490 --> 00:48:58,319

anyone ever discharge themselves and say

1196

00:49:04,430 --> 00:49:01,500

do they recover or do they think they've

1197

00:49:06,710 --> 00:49:04,440

recovered until they come back to you

1198

00:49:08,510 --> 00:49:06,720

yeah yeah people definitely can

1199

00:49:10,130 --> 00:49:08,520

discharge and that usually is they're

1200

00:49:11,870 --> 00:49:10,140

discharging themselves

1201  
00:49:14,870 --> 00:49:11,880  
um occasionally we'll have people and I

1202  
00:49:17,089 --> 00:49:14,880  
get it like um we'll have people who are

1203  
00:49:19,250 --> 00:49:17,099  
on it for say cancer and then they have

1204  
00:49:21,470 --> 00:49:19,260  
a stroke and their loved ones call 9-1-1

1205  
00:49:23,569 --> 00:49:21,480  
which I get it it's like yeah you were

1206  
00:49:24,829 --> 00:49:23,579  
on for like a slow decline for cancer

1207  
00:49:26,750 --> 00:49:24,839  
and if you have a stroke you want

1208  
00:49:28,790 --> 00:49:26,760  
treatment that's what we'll see most

1209  
00:49:31,550 --> 00:49:28,800  
often in my opinion and then they come

1210  
00:49:32,990 --> 00:49:31,560  
back on once they've gotten there like a

1211  
00:49:35,690 --> 00:49:33,000  
cute

1212  
00:49:38,450 --> 00:49:35,700  
uh you know treatments I have had one

1213  
00:49:42,530 --> 00:49:38,460

patient that's still alive I don't know

1214

00:49:44,990 --> 00:49:42,540

he was on hospice for cancer he

1215

00:49:47,270 --> 00:49:45,000

basically said absolutely not

1216

00:49:50,870 --> 00:49:47,280

um yeah like if you could imagine the

1217

00:49:53,930 --> 00:49:50,880

most hippie person in the world this old

1218

00:49:56,450 --> 00:49:53,940

man and we just started doing research

1219

00:50:00,530 --> 00:49:56,460

and he was like I'm going to be this

1220

00:50:02,089 --> 00:50:00,540

cancer so he went vegan

1221

00:50:04,010 --> 00:50:02,099

um sugar-free

1222

00:50:05,870 --> 00:50:04,020

and

1223

00:50:10,250 --> 00:50:05,880

um started eating these like really hot

1224

00:50:13,849 --> 00:50:10,260

peppers and he started smoking weed all

1225

00:50:16,790 --> 00:50:13,859

the time and after like seven or eight

1226

00:50:19,370 --> 00:50:16,800

months he was not declining at all

1227

00:50:20,870 --> 00:50:19,380

um we had to take him off hospice and

1228

00:50:22,910 --> 00:50:20,880

I'm friends with his grandson on

1229

00:50:25,250 --> 00:50:22,920

Facebook so I know he's still alive

1230

00:50:28,069 --> 00:50:25,260

oh wow and could you maybe give how many

1231

00:50:30,010 --> 00:50:28,079

years this has been or three

1232

00:50:32,930 --> 00:50:30,020

three years yeah

1233

00:50:36,050 --> 00:50:32,940

wow that's that's amazing though that

1234

00:50:37,550 --> 00:50:36,060

really is but I mean I've also known

1235

00:50:38,930 --> 00:50:37,560

people who have done that and nothing's

1236

00:50:41,329 --> 00:50:38,940

happened I've just always been so

1237

00:50:43,849 --> 00:50:41,339

strange to me yeah maybe it's something

1238

00:50:46,490 --> 00:50:43,859

in his makeup or maybe he's just like

1239

00:50:47,390 --> 00:50:46,500

that's that's very weird no that's very

1240

00:50:49,670 --> 00:50:47,400

weird

1241

00:50:51,829 --> 00:50:49,680

so is there anything else you want to

1242

00:50:53,390 --> 00:50:51,839

you know tell us like about the book or

1243

00:50:55,549 --> 00:50:53,400

about what else you're going to be

1244

00:50:58,670 --> 00:50:55,559

getting into things like that

1245

00:51:00,829 --> 00:50:58,680

yeah I also so one chapter in my book is

1246

00:51:03,109 --> 00:51:00,839

about my mother-in-law she actually was

1247

00:51:06,589 --> 00:51:03,119

on hospice while I was a hospice nurse

1248

00:51:09,190 --> 00:51:06,599

and I talk about that and how

1249

00:51:11,750 --> 00:51:09,200

um really it was very interesting to

1250

00:51:14,089 --> 00:51:11,760

basically feel like your home life and

1251

00:51:16,130 --> 00:51:14,099

your work life are the same thing and be

1252

00:51:18,829 --> 00:51:16,140

on the caregiver side while also being

1253

00:51:22,910 --> 00:51:18,839

on the nursing side and I talk about

1254

00:51:25,250 --> 00:51:22,920

that and how much did my

1255

00:51:26,569 --> 00:51:25,260

um oh the better I'm a better nurse

1256

00:51:28,069 --> 00:51:26,579

because of it because now understand

1257

00:51:29,150 --> 00:51:28,079

what it's like to be on the other side

1258

00:51:32,750 --> 00:51:29,160

as well

1259

00:51:35,450 --> 00:51:32,760

and um you know that was very difficult

1260

00:51:37,309 --> 00:51:35,460

of course and I talk a lot about my

1261

00:51:39,530 --> 00:51:37,319

personal life and you know more in the

1262

00:51:41,690 --> 00:51:39,540

way of like uh

1263

00:51:43,010 --> 00:51:41,700

my thoughts and feelings while I'm going

1264

00:51:44,870 --> 00:51:43,020

through these things and I think it's

1265

00:51:47,750 --> 00:51:44,880

really important to humanize healthcare

1266

00:51:49,990 --> 00:51:47,760

I think that a lot of times people can

1267

00:51:54,109 --> 00:51:50,000

kind of see us as like emotionless

1268

00:51:56,390 --> 00:51:54,119

robots and you know seeing that like I

1269

00:51:58,670 --> 00:51:56,400

have emotions about things and I have

1270

00:52:02,109 --> 00:51:58,680

insecurities and fears just like anyone

1271

00:52:06,890 --> 00:52:04,430

the bottom of it

1272

00:52:08,690 --> 00:52:06,900

and sometimes you do have to give that

1273

00:52:11,870 --> 00:52:08,700

you know emotionless

1274

00:52:13,549 --> 00:52:11,880

part of you because otherwise you I mean

1275

00:52:14,690 --> 00:52:13,559

you can't sit there and cry in front of

1276

00:52:17,450 --> 00:52:14,700

the family

1277

00:52:20,329 --> 00:52:17,460

and distress them like say you know like

1278

00:52:22,250 --> 00:52:20,339

the impossible things like that yeah so

1279

00:52:25,010 --> 00:52:22,260

I totally understand that but no I I

1280

00:52:26,390 --> 00:52:25,020

totally agree about humanizing the

1281

00:52:28,670 --> 00:52:26,400

nursing field

1282

00:52:33,650 --> 00:52:28,680

David Jones wants to know have you seen

1283

00:52:41,150 --> 00:52:37,030

I don't know if I've ever seen any

1284

00:52:42,530 --> 00:52:41,160

Miracles but definitely as far as what a

1285

00:52:44,270 --> 00:52:42,540

lot of people would consider Angelic

1286

00:52:47,210 --> 00:52:44,280

encounters would be people seeing their

1287

00:52:48,710 --> 00:52:47,220

deceased loved ones which happens all

1288

00:52:51,470 --> 00:52:48,720

the time

1289

00:52:53,750 --> 00:52:51,480

um where yeah just a lot of times people

1290

00:52:56,510 --> 00:52:53,760

will be kind of have anxiety or they'll

1291

00:52:58,010 --> 00:52:56,520

be scared of death and then their

1292

00:53:01,130 --> 00:52:58,020

deceased loved ones will come to get

1293

00:53:02,750 --> 00:53:01,140

them and suddenly their their anxieties

1294

00:53:05,089 --> 00:53:02,760

are washed away and they're like we're

1295

00:53:07,250 --> 00:53:05,099

going on a trip like I get to see my

1296

00:53:09,410 --> 00:53:07,260

deceased loved ones again and they're

1297

00:53:11,809 --> 00:53:09,420

happy

1298

00:53:13,430 --> 00:53:11,819

I think they're beautiful

1299

00:53:17,870 --> 00:53:13,440

yeah

1300

00:53:19,609 --> 00:53:17,880

like you said that they have this very

1301  
00:53:21,710 --> 00:53:19,619  
bad anxiety about death and then

1302  
00:53:24,230 --> 00:53:21,720  
suddenly it's just eased

1303  
00:53:26,210 --> 00:53:24,240  
if if you had to guess what do you

1304  
00:53:28,210 --> 00:53:26,220  
guesses said to them that eases those

1305  
00:53:32,510 --> 00:53:28,220  
fears

1306  
00:53:34,250 --> 00:53:32,520  
I think so I feel like before we die we

1307  
00:53:36,290 --> 00:53:34,260  
call which part of my book mean and also

1308  
00:53:38,329 --> 00:53:36,300  
the in between which I feel like we go

1309  
00:53:41,750 --> 00:53:38,339  
between our world and the next World

1310  
00:53:43,069 --> 00:53:41,760  
world and I feel like there's like a

1311  
00:53:45,170 --> 00:53:43,079  
couple hours couple days where we're

1312  
00:53:47,030 --> 00:53:45,180  
going in between

1313  
00:53:48,890 --> 00:53:47,040

um and so I feel like whenever you're

1314

00:53:50,750 --> 00:53:48,900

going in between you're getting that

1315

00:53:53,210 --> 00:53:50,760

what I believe is like the ultimate

1316

00:53:54,950 --> 00:53:53,220

peace and happiness from the other side

1317

00:53:57,349 --> 00:53:54,960

and you're getting kind of a taste of it

1318

00:53:58,849 --> 00:53:57,359

and you're like oh I'm not scared of

1319

00:54:01,309 --> 00:53:58,859

this why would I be scared of this this

1320

00:54:02,870 --> 00:54:01,319

is the this is wonderful

1321

00:54:06,290 --> 00:54:02,880

um and that's where I think people's

1322

00:54:08,870 --> 00:54:06,300

fears are are washed away

1323

00:54:10,370 --> 00:54:08,880

that's actually really good

1324

00:54:13,010 --> 00:54:10,380

um and is that where you got the title

1325

00:54:14,390 --> 00:54:13,020

of your book yeah

1326

00:54:15,710 --> 00:54:14,400

okay yeah because I feel like I'm with

1327

00:54:16,970 --> 00:54:15,720

people in the in between

1328

00:54:19,069 --> 00:54:16,980

right

1329

00:54:20,630 --> 00:54:19,079

so what else is coming up for you in the

1330

00:54:23,650 --> 00:54:20,640

future

1331

00:54:27,349 --> 00:54:23,660

so obviously got the book released and

1332

00:54:29,630 --> 00:54:27,359

I'm gonna go with non-profit as soon as

1333

00:54:33,049 --> 00:54:29,640

I'm done with all of them and then we

1334

00:54:36,589 --> 00:54:33,059

get the word out there my goal is to

1335

00:54:39,589 --> 00:54:36,599

have my first house in a year

1336

00:54:41,329 --> 00:54:39,599

oh wow do you hope to like expand from

1337

00:54:43,250 --> 00:54:41,339

where you are have it maybe in every

1338

00:54:44,630 --> 00:54:43,260

state or do you just want to focus on

1339

00:54:47,450 --> 00:54:44,640

this one first

1340

00:54:50,030 --> 00:54:47,460

yeah I want to get this one and get it

1341

00:54:52,849 --> 00:54:50,040

right and then you know make sure that I

1342

00:54:55,670 --> 00:54:52,859

have the formula so to say right and

1343

00:54:57,230 --> 00:54:55,680

then I want it everywhere I you know

1344

00:55:01,849 --> 00:54:57,240

that's really what I see you know being

1345

00:55:06,470 --> 00:55:04,069

I just wanted to put that up that da

1346

00:55:09,410 --> 00:55:06,480

said yeah she is definitely the real

1347

00:55:11,930 --> 00:55:09,420

deal glad to see her back so thank you

1348

00:55:14,750 --> 00:55:11,940

you definitely have some fans here

1349

00:55:16,549 --> 00:55:14,760

yay you know last time we talked my book

1350

00:55:18,470 --> 00:55:16,559

was like not even on pre-order I can't

1351

00:55:21,049 --> 00:55:18,480

believe it's like finally it's like

1352

00:55:24,170 --> 00:55:21,059

gonna be out in the world in like 12

1353

00:55:27,010 --> 00:55:24,180

days it's crazy and that would be what

1354

00:55:30,710 --> 00:55:27,020

June 13th

1355

00:55:34,190 --> 00:55:30,720

okay so if you haven't pre-ordered it

1356

00:55:36,410 --> 00:55:34,200

now go out there pre-order it is it hit

1357

00:55:39,349 --> 00:55:36,420

any of the best seller lists yet do you

1358

00:55:42,710 --> 00:55:39,359

know so that you can't until the till it

1359

00:55:45,349 --> 00:55:42,720

comes out so New York Times which is

1360

00:55:49,430 --> 00:55:45,359

like the big one of course is they count

1361

00:55:50,809 --> 00:55:49,440

pre-orders plus first week but that like

1362

00:55:52,430 --> 00:55:50,819

your pre-orders count for your first

1363

00:55:55,609 --> 00:55:52,440

week so that's why pre-orders are so

1364

00:55:57,230 --> 00:55:55,619

important okay yeah is there any more

1365

00:56:00,290 --> 00:55:57,240

books in your future

1366

00:56:01,910 --> 00:56:00,300

I hope so I really do

1367

00:56:04,970 --> 00:56:01,920

um a lot of people who have read it said

1368

00:56:08,630 --> 00:56:04,980

will you write another and you know I'm

1369

00:56:11,390 --> 00:56:08,640

not sure I'd really like to explore more

1370

00:56:13,069 --> 00:56:11,400

possibly what other countries are doing

1371

00:56:14,510 --> 00:56:13,079

um because you know I know how the

1372

00:56:16,730 --> 00:56:14,520

United States is but we're actually

1373

00:56:18,370 --> 00:56:16,740

ranked really really badly

1374

00:56:21,109 --> 00:56:18,380

yeah

1375

00:56:22,490 --> 00:56:21,119

so you know as I open my non-profit I'd

1376

00:56:24,109 --> 00:56:22,500

really like to know what is it that

1377

00:56:27,829 --> 00:56:24,119

other countries are doing that we can do

1378

00:56:29,569 --> 00:56:27,839

over here and really improve exactly

1379

00:56:31,370 --> 00:56:29,579

because and if you look at other

1380

00:56:33,290 --> 00:56:31,380

countries their Health Care system is a

1381

00:56:37,490 --> 00:56:33,300

little bit better than ours in some

1382

00:56:39,230 --> 00:56:37,500

things but yeah no I I'm trying to be

1383

00:56:42,410 --> 00:56:39,240

nice and trying to tread carefully but

1384

00:56:44,089 --> 00:56:42,420

yeah so before we go if anyone has any

1385

00:56:46,490 --> 00:56:44,099

questions do you guys want to get those

1386

00:56:48,410 --> 00:56:46,500

up before we go for Hadley

1387

00:56:50,569 --> 00:56:48,420

we'll just give everyone a minute or two

1388

00:56:52,970 --> 00:56:50,579

yeah

1389

00:56:55,250 --> 00:56:52,980

and if you did write a second book have

1390

00:56:56,510 --> 00:56:55,260

you plotted it yet do you know what's

1391

00:56:58,849 --> 00:56:56,520

going to be

1392

00:57:00,589 --> 00:56:58,859

no not yet I need to meet with my

1393

00:57:03,049 --> 00:57:00,599

literary agent and see what he thinks

1394

00:57:05,210 --> 00:57:03,059

and how we would do it but you know I

1395

00:57:06,770 --> 00:57:05,220

told him I'm really interested in it and

1396

00:57:07,910 --> 00:57:06,780

you know like we were saying with other

1397

00:57:09,109 --> 00:57:07,920

countries

1398

00:57:11,750 --> 00:57:09,119

um the interesting thing there was a

1399

00:57:13,670 --> 00:57:11,760

study done very recently about basically

1400

00:57:16,190 --> 00:57:13,680

interviewing palliative care physicians

1401  
00:57:18,109 --> 00:57:16,200  
in their country and saying how well do

1402  
00:57:20,270 --> 00:57:18,119  
you feel like y'all do basically like a

1403  
00:57:22,630 --> 00:57:20,280  
self-assessment and like you said with

1404  
00:57:25,430 --> 00:57:22,640  
Healthcare the interesting thing is that

1405  
00:57:27,950 --> 00:57:25,440  
some countries with say Universal Health

1406  
00:57:30,470 --> 00:57:27,960  
Care did not score very well and I

1407  
00:57:32,750 --> 00:57:30,480  
thought that that was very interesting

1408  
00:57:34,490 --> 00:57:32,760  
um like why so what is it is it their

1409  
00:57:36,470 --> 00:57:34,500  
culture I kind of feel like it might be

1410  
00:57:38,390 --> 00:57:36,480  
their culture and what is it that their

1411  
00:57:39,710 --> 00:57:38,400  
culture is doing differently that we can

1412  
00:57:42,230 --> 00:57:39,720  
do over here

1413  
00:57:44,750 --> 00:57:42,240

right no I totally agree do you think

1414

00:57:46,490 --> 00:57:44,760

you'll ever give up nursing no I don't

1415

00:57:48,049 --> 00:57:46,500

think I'll ever again I feel like it's

1416

00:57:50,390 --> 00:57:48,059

my calling

1417

00:57:52,010 --> 00:57:50,400

I like that so I guess there's no more

1418

00:57:54,530 --> 00:57:52,020

questions and

1419

00:57:56,450 --> 00:57:54,540

I appreciate it being here I appreciate

1420

00:57:58,010 --> 00:57:56,460

you coming back thank you so much do you

1421

00:58:00,410 --> 00:57:58,020

want everyone know where they can find

1422

00:58:01,910 --> 00:58:00,420

you where they can bungee book just one

1423

00:58:04,849 --> 00:58:01,920

more time and I also have your website

1424

00:58:06,950 --> 00:58:04,859

up oh perfect yes that has yeah

1425

00:58:08,150 --> 00:58:06,960

everything and then nurse Hadley on

1426  
00:58:10,849 --> 00:58:08,160  
everywhere and then my book is called

1427  
00:58:13,250 --> 00:58:10,859  
the in-between looks like this it'll be

1428  
00:58:16,730 --> 00:58:13,260  
in all bookstores on the 13th

1429  
00:58:18,589 --> 00:58:16,740  
all right and yeah that has all your

1430  
00:58:19,609 --> 00:58:18,599  
links to your Tick Tock do you have an

1431  
00:58:23,329 --> 00:58:19,619  
Instagram

1432  
00:58:25,849 --> 00:58:23,339  
yep okay and you can pre-order her book

1433  
00:58:27,230 --> 00:58:25,859  
from there too as well because I I was

1434  
00:58:28,490 --> 00:58:27,240  
when I was getting the links together

1435  
00:58:30,349 --> 00:58:28,500  
and everything I looked down there I'm

1436  
00:58:32,990 --> 00:58:30,359  
like okay good we're compared to the

1437  
00:58:36,190 --> 00:58:33,000  
book from there all right well thank you

1438  
00:58:38,030 --> 00:58:36,200

so much Hadley I truly appreciate it

1439

00:58:41,630 --> 00:58:38,040

and I wish you all the best and

1440

00:58:43,910 --> 00:58:41,640

hopefully you'll come back yes thank you

1441

00:58:45,289 --> 00:58:43,920

all right now look give me one second

1442

00:58:47,210 --> 00:58:45,299

because like I said I'm still running

1443

00:58:50,270 --> 00:58:47,220

the show and I'm still getting used to

1444

00:58:55,030 --> 00:58:50,280

it and thank you again all right have a

1445

00:58:59,750 --> 00:58:57,710

thank you everyone for being here I

1446

00:59:03,049 --> 00:58:59,760

appreciate it and thank you to my guest

1447

00:59:05,930 --> 00:59:03,059

nurse Hadley she is wonderful and we

1448

00:59:08,150 --> 00:59:05,940

always let me get this up here we always

1449

00:59:11,390 --> 00:59:08,160

love having her on

1450

00:59:15,230 --> 00:59:11,400

um next week I will not be having a show

1451

00:59:17,870 --> 00:59:15,240

because because well I haven't really

1452

00:59:19,549 --> 00:59:17,880

scheduled anything and Mom is going to

1453

00:59:21,349 --> 00:59:19,559

be going out of town so I just figured

1454

00:59:22,609 --> 00:59:21,359

to make things easier we're not doing a

1455

00:59:25,309 --> 00:59:22,619

show

1456

00:59:28,250 --> 00:59:25,319

um and until next time I appreciate it

1457

00:59:29,930 --> 00:59:28,260

and I will see you then so give me one

1458

00:59:31,190 --> 00:59:29,940

second to figure out where I'm at since

1459

00:59:33,109 --> 00:59:31,200

it's been a while